

Konkurencja 7
13/4/2013 - 11:55

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Minimum startowe 17 +: 4:39.24; 16: 4:46.69; 14 - 15: 5:03.32; 12 - 13: 5:20.00

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
17 lat i starsi									
1.	Sokołowska Diana SK		96	Juvenia Białystok				4:21.94	721
	50m:	30.76	30.76	150m:	1:37.65	33.38	250m:	2:44.69	33.43
	100m:	1:04.27	33.51	200m:	2:11.26	33.61	300m:	3:17.80	33.11
							350m:	3:50.40	32.60
							400m:	4:21.94	31.54
2.	Hippi Josefine		94	Vaesby Simsaellskap				4:23.14	711
	50m:	30.59	30.59	150m:	1:37.77	33.49	250m:	2:44.57	33.36
	100m:	1:04.28	33.69	200m:	2:11.21	33.44	300m:	3:17.81	33.24
							350m:	3:50.74	32.93
							400m:	4:23.14	32.40
3.	Back Emelie		96	Vaesby Simsaellskap				4:29.46	662
	50m:	31.49	31.49	150m:	1:39.20	33.97	250m:	2:47.76	34.15
	100m:	1:05.23	33.74	200m:	2:13.61	34.41	300m:	3:22.01	34.25
							350m:	3:56.37	34.36
							400m:	4:29.46	33.09
4.	Kunka Kamila SO		96	Unia O wi cim				4:30.44	655
	50m:	31.27	31.27	150m:	1:38.72	34.02	250m:	2:47.39	34.12
	100m:	1:04.70	33.43	200m:	2:13.27	34.55	300m:	3:22.03	34.64
							350m:	3:56.74	34.71
							400m:	4:30.44	33.70
5.	Sjoesten Emma		96	Vaesby Simsaellskap				4:31.41	648
	50m:	31.45	31.45	150m:	1:39.70	34.34	250m:	2:48.69	34.42
	100m:	1:05.36	33.91	200m:	2:14.27	34.57	300m:	3:23.44	34.75
							350m:	3:57.72	34.28
							400m:	4:31.41	33.69
6.	Robertsson Julia		95	Vaesby Simsaellskap				4:32.42	641
	50m:	31.61	31.61	150m:	1:40.23	34.65	250m:	2:49.39	34.35
	100m:	1:05.58	33.97	200m:	2:15.04	34.81	300m:	3:23.80	34.41
							350m:	3:58.20	34.40
							400m:	4:32.42	34.22
7.	Kawecka Anna		92	AZS AGH Kraków				4:34.54	626
	50m:	29.92	29.92	150m:	1:36.98	33.57	250m:	2:46.41	35.16
	100m:	1:03.41	33.49	200m:	2:11.25	34.27	300m:	3:22.26	35.85
							350m:	3:58.53	36.27
							400m:	4:34.54	36.01
8.	Wołoszyn Sonia		95	KSZO Ostrowiec w.				4:34.72	625
	50m:	32.19	32.19	150m:	1:41.99	35.16	250m:	2:51.42	34.52
	100m:	1:06.83	34.64	200m:	2:16.90	34.91	300m:	3:26.39	34.97
							350m:	4:01.06	34.67
							400m:	4:34.72	33.66
9.	Back Mikaela		95	Vaesby Simsaellskap				4:35.84	617
	50m:	31.44	31.44	150m:	1:39.55	34.43	250m:	2:49.51	34.85
	100m:	1:05.12	33.68	200m:	2:14.66	35.11	300m:	3:24.61	35.10
							350m:	4:00.36	35.75
							400m:	4:35.84	35.48
10.	Hedman Felicia		95	Vaesby Simsaellskap				4:37.70	605
	50m:	30.72	30.72	150m:	1:40.56	35.29	250m:	2:51.49	35.57
	100m:	1:05.27	34.55	200m:	2:15.92	35.36	300m:	3:27.22	35.73
							350m:	4:03.23	36.01
							400m:	4:37.70	34.47
11.	Sparman Tove		96	Vaesby Simsaellskap				4:38.20	602
	50m:	31.66	31.66	150m:	1:42.07	35.44	250m:	2:52.76	35.18
	100m:	1:06.63	34.97	200m:	2:17.58	35.51	300m:	3:28.26	35.50
							350m:	4:03.70	35.44
							400m:	4:38.20	34.50
12.	Człowiek Roksana SO		96	Unia O wi cim				4:38.65	599
	50m:	31.50	31.50	150m:	1:41.75	35.36	250m:	2:53.07	35.58
	100m:	1:06.39	34.89	200m:	2:17.49	35.74	300m:	3:29.07	36.00
							350m:	4:04.67	35.60
							400m:	4:38.65	33.98
13.	Lewandowska Paulina SO		96	Unia O wi cim				4:42.81	573
	<i>Minimum startowe 17 lat i starsi</i>								
	50m:	32.81	32.81	150m:	1:43.87	35.69	250m:	2:56.00	35.91
	100m:	1:08.18	35.37	200m:	2:20.09	36.22	300m:	3:32.06	36.06
							350m:	4:07.81	35.75
							400m:	4:42.81	35.00
14.	Pawlaczek Natalia		93	AZS AGH Kraków				4:46.82	549
	<i>Minimum startowe 17 lat i starsi</i>								
	50m:	32.57	32.57	150m:	1:43.71	35.93	250m:	2:57.25	36.39
	100m:	1:07.78	35.21	200m:	2:20.86	37.15	300m:	3:33.94	36.69
							350m:	4:10.88	36.94
							400m:	4:46.82	35.94
15.	Sirignano Luigia SK		96	Jordan Kraków				4:50.81	527
	<i>Minimum startowe 17 lat i starsi</i>								
	50m:	31.92	31.92	150m:	1:44.08	36.52	250m:	2:58.77	37.61
	100m:	1:07.56	35.64	200m:	2:21.16	37.08	300m:	3:36.79	38.02
							350m:	4:14.33	37.54
							400m:	4:50.81	36.48

Konkurencja 7, Kobiet, 400m dowolny, 17 lat i starsi

Pozycja			Rok ur.				Czas				Pkt.	
16.	Sowa Marta SK		96 Jordan Kraków				4:52.94				515	
	<i>Minimum startowe 17 lat i starsi</i>											
	50m:	31.96	31.96	150m:	1:44.59	36.88	250m:	2:58.16	37.11	350m:	4:15.26	39.44
	100m:	1:07.71	35.75	200m:	2:21.05	36.46	300m:	3:35.82	37.66	400m:	4:52.94	37.68
16 lat												
1.	Magner Agata SK		97 Jordan Kraków				4:27.21				679	
	50m:	31.58	31.58	150m:	1:39.00	33.98	250m:	2:47.03	33.91	350m:	3:54.67	33.65
	100m:	1:05.02	33.44	200m:	2:13.12	34.12	300m:	3:21.02	33.99	400m:	4:27.21	32.54
2.	Orczykowska Wioletta SK		97 Limanowa-Swim				4:27.46				677	
	50m:	31.28	31.28	150m:	1:39.36	33.99	250m:	2:46.71	33.96	350m:	3:55.44	34.23
	100m:	1:05.37	34.09	200m:	2:12.75	33.39	300m:	3:21.21	34.50	400m:	4:27.46	32.02
3.	Loranty Patrycja		97 KSZO Ostrowiec w.				4:38.32				601	
	50m:	32.07	32.07	150m:	1:42.75	35.61	250m:	2:54.63	35.88	350m:	4:05.20	35.12
	100m:	1:07.14	35.07	200m:	2:18.75	36.00	300m:	3:30.08	35.45	400m:	4:38.32	33.12
4.	Zawolik Wiktoria		97 KSZO Ostrowiec w.				4:46.34				552	
	50m:	32.20	32.20	150m:	1:44.11	36.70	250m:	2:57.42	36.14	350m:	4:10.30	36.20
	100m:	1:07.41	35.21	200m:	2:21.28	37.17	300m:	3:34.10	36.68	400m:	4:46.34	36.04
5.	Helbing Justyna SK		97 Wilanowia Warszawa				4:48.15				541	
	<i>Minimum startowe 16 lat</i>											
	50m:	32.57	32.57	150m:	1:43.85	36.11	250m:	2:57.32	36.82	350m:	4:11.28	36.99
	100m:	1:07.74	35.17	200m:	2:20.50	36.65	300m:	3:34.29	36.97	400m:	4:48.15	36.87
6.	Ciszewska Sandra		97 UKS 9 Kalisz				4:49.41				534	
	<i>Minimum startowe 16 lat</i>											
	50m:	32.34	32.34	150m:	1:44.47	36.33	250m:	2:58.51	37.10	350m:	4:13.42	37.58
	100m:	1:08.14	35.80	200m:	2:21.41	36.94	300m:	3:35.84	37.33	400m:	4:49.41	35.99
15 lat												
1.	Kwiatek Miriam		98 Gilus Gilowice				4:40.34				588	
	50m:	31.87	31.87	150m:	1:41.63	35.21	250m:	2:53.01	35.77	350m:	4:05.07	35.90
	100m:	1:06.42	34.55	200m:	2:17.24	35.61	300m:	3:29.17	36.16	400m:	4:40.34	35.27
2.	Pokrywka Karolina		98 UKS 190 Łódź				4:41.18				583	
	50m:	31.66	31.66	150m:	1:40.65	34.41	250m:	2:51.17	35.70	350m:	4:04.63	37.18
	100m:	1:06.24	34.58	200m:	2:15.47	34.82	300m:	3:27.45	36.28	400m:	4:41.18	36.55
3.	Pankowska Wiktoria SO		98 Unia O wi cim				4:43.65				568	
	50m:	33.39	33.39	150m:	1:44.90	36.04	250m:	2:56.60	35.67	350m:	4:08.47	35.61
	100m:	1:08.86	35.47	200m:	2:20.93	36.03	300m:	3:32.86	36.26	400m:	4:43.65	35.18
4.	Gruszczyska Aleksandra SO		98 Unia O wi cim				4:44.50				563	
	50m:	31.75	31.75	150m:	1:42.61	36.10	250m:	2:55.10	36.23	350m:	4:08.54	36.45
	100m:	1:06.51	34.76	200m:	2:18.87	36.26	300m:	3:32.09	36.99	400m:	4:44.50	35.96
5.	Haspert Dorota SO		98 Unia O wi cim				4:45.56				556	
	50m:	32.45	32.45	150m:	1:43.81	36.45	250m:	2:57.28	36.90	350m:	4:10.45	36.91
	100m:	1:07.36	34.91	200m:	2:20.38	36.57	300m:	3:33.54	36.26	400m:	4:45.56	35.11
6.	Wo niak Weronika		98 UKS 9 Kalisz				4:48.34				540	
	50m:	32.17	32.17	150m:	1:43.82	36.37	250m:	2:58.28	37.46	350m:	4:13.02	37.23
	100m:	1:07.45	35.28	200m:	2:20.82	37.00	300m:	3:35.79	37.51	400m:	4:48.34	35.32
7.	Spoljar Sylwia		98 Pi tka Chorzów				4:52.11				520	
	50m:	32.74	32.74	150m:	1:46.21	37.19	250m:	3:00.85	37.36	350m:	4:15.35	36.92
	100m:	1:09.02	36.28	200m:	2:23.49	37.28	300m:	3:38.43	37.58	400m:	4:52.11	36.76
8.	Turza Patrycja		98 Górnik Sosnowiec				4:55.31				503	
	50m:	33.53	33.53	150m:	1:48.11	37.90	250m:	3:03.85	37.34	350m:	4:20.59	38.10
	100m:	1:10.21	36.68	200m:	2:26.51	38.40	300m:	3:42.49	38.64	400m:	4:55.31	34.72

Konkurencja 7, Dziewcz t, 400m dowolny, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
9.	Popłonyk Aleksandra			98	UKS 9 Kalisz				4:56.85	495		
	50m:	33.08	33.08	150m:	1:46.62	37.14	250m:	3:02.59	38.17	350m:	4:19.72	38.83
	100m:	1:09.48	36.40	200m:	2:24.42	37.80	300m:	3:40.89	38.30	400m:	4:56.85	37.13
10.	Machula Sara			98	KSZO Ostrowiec w.				4:59.79	481		
	50m:	33.41	33.41	150m:	1:47.42	37.55	250m:	3:04.54	38.84	350m:	4:21.95	38.53
	100m:	1:09.87	36.46	200m:	2:25.70	38.28	300m:	3:43.42	38.88	400m:	4:59.79	37.84

14 lat

1.	Piechota Paulina			99	UKS 190 Łódź				4:27.96	673		
	50m:	31.33	31.33	150m:	1:40.07	34.44	250m:	2:48.60	34.11	350m:	3:56.51	33.67
	100m:	1:05.63	34.30	200m:	2:14.49	34.42	300m:	3:22.84	34.24	400m:	4:27.96	31.45
2.	Iiwowska Katarzyna SO			99	Unia O wi cim				4:38.49	600		
	50m:	31.91	31.91	150m:	1:42.28	35.62	250m:	2:53.78	35.78	350m:	4:05.35	35.67
	100m:	1:06.66	34.75	200m:	2:18.00	35.72	300m:	3:29.68	35.90	400m:	4:38.49	33.14
3.	wi der Patrycja			99	Park Wodny Tarn. Góry				4:51.75	522		
	50m:	32.86	32.86	150m:	1:45.96	37.25	250m:	3:00.93	37.25	350m:	4:16.02	36.81
	100m:	1:08.71	35.85	200m:	2:23.68	37.72	300m:	3:39.21	38.28	400m:	4:51.75	35.73
4.	Jankowska Justyna			99	Kmity Zabierzów				4:51.80	521		
	50m:	32.48	32.48	150m:	1:44.48	36.17	250m:	2:58.91	37.30	350m:	4:14.76	38.08
	100m:	1:08.31	35.83	200m:	2:21.61	37.13	300m:	3:36.68	37.77	400m:	4:51.80	37.04
5.	Paj k Liliana SO			99	Unia O wi cim				4:53.03	515		
	50m:	32.92	32.92	150m:	1:45.82	37.12	250m:	3:01.26	37.68	350m:	4:17.08	37.60
	100m:	1:08.70	35.78	200m:	2:23.58	37.76	300m:	3:39.48	38.22	400m:	4:53.03	35.95
6.	ukowska Natalia			99	SMS Galicja Kraków				4:54.59	507		
	50m:	33.01	33.01	150m:	1:46.13	37.09	250m:	3:01.80	38.14	350m:	4:18.18	38.31
	100m:	1:09.04	36.03	200m:	2:23.66	37.53	300m:	3:39.87	38.07	400m:	4:54.59	36.41
7.	Góralczyk Anna SO			99	Unia O wi cim				4:56.79	495		
	50m:	34.65	34.65	150m:	1:50.37	38.08	250m:	3:05.56	37.42	350m:	4:21.20	37.93
	100m:	1:12.29	37.64	200m:	2:28.14	37.77	300m:	3:43.27	37.71	400m:	4:56.79	35.59
8.	Wysmoli ska Katarzyna SO			99	Unia O wi cim				5:00.08	479		
	50m:	34.46	34.46	150m:	1:50.15	38.24	250m:	3:07.41	38.49	350m:	4:23.19	37.93
	100m:	1:11.91	37.45	200m:	2:28.92	38.77	300m:	3:45.26	37.85	400m:	5:00.08	36.89
9.	Dybowska Anna			99	SMS Galicja Kraków				5:01.29	474		
	50m:	35.70	35.70	150m:	1:53.04	38.77	250m:	3:10.10	38.68	350m:	4:25.96	37.54
	100m:	1:14.27	38.57	200m:	2:31.42	38.38	300m:	3:48.42	38.32	400m:	5:01.29	35.33
10.	Tymofejewicz Natalia SO			99	Motyl St. Wola				5:01.49	473		
	50m:	35.80	35.80	150m:	1:54.28	39.23	250m:	3:10.26	37.83	350m:	4:26.09	37.88
	100m:	1:15.05	39.25	200m:	2:32.43	38.15	300m:	3:48.21	37.95	400m:	5:01.49	35.40
11.	Palka Maria SO			99	Unia O wi cim				5:02.23	469		
	50m:	33.69	33.69	150m:	1:48.38	38.26	250m:	3:06.22	38.72	350m:	4:24.74	39.06
	100m:	1:10.12	36.43	200m:	2:27.50	39.12	300m:	3:45.68	39.46	400m:	5:02.23	37.49
12.	Fuks Gabriela			99	Gilus Gilowice				5:02.64	467		
	50m:	35.50	35.50	150m:	1:52.70	38.74	250m:	3:10.56	39.02	350m:	4:26.74	37.83
	100m:	1:13.96	38.46	200m:	2:31.54	38.84	300m:	3:48.91	38.35	400m:	5:02.64	35.90
13.	Grela Karolina			99	Kmity Zabierzów				5:04.50	459		
	<i>Minimum startowe 14-15lat</i>											
	50m:	34.22	34.22	150m:	1:51.10	38.88	250m:	3:09.81	39.43	350m:	4:27.49	38.59
	100m:	1:12.22	38.00	200m:	2:30.38	39.28	300m:	3:48.90	39.09	400m:	5:04.50	37.01

Konkurencja 7, Kobiet, 400m dowolny

13 lat

1.	W grzyn Natalia	00	Aquarius My lenice	4:51.08	525
	50m: 33.46 33.46	150m: 1:45.55 36.29	250m: 2:59.81 37.17	350m: 4:15.38 37.84	
	100m: 1:09.26 35.80	200m: 2:22.64 37.09	300m: 3:37.54 37.73	400m: 4:51.08 35.70	
2.	Radecka Anna	00	Barakuda Starachowice	4:58.87	485
	50m: 34.53 34.53	150m: 1:50.65 38.30	250m: 3:07.61 38.28	350m: 4:23.65 37.96	
	100m: 1:12.35 37.82	200m: 2:29.33 38.68	300m: 3:45.69 38.08	400m: 4:58.87 35.22	
3.	Pieczka Martyna	00	Aligator Gorzyce	5:05.74	453
	50m: 33.53 33.53	150m: 1:49.99 38.92	250m: 3:08.71 39.38	350m: 4:28.30 39.36	
	100m: 1:11.07 37.54	200m: 2:29.33 39.34	300m: 3:48.94 40.23	400m: 5:05.74 37.44	
4.	Kowalska Eliza	00	Aligator Gorzyce	5:07.10	447
	50m: 34.55 34.55	150m: 1:50.87 38.53	250m: 3:09.65 39.77	350m: 4:29.09 39.05	
	100m: 1:12.34 37.79	200m: 2:29.88 39.01	300m: 3:50.04 40.39	400m: 5:07.10 38.01	
5.	Szafra ska Julia	00	KSZO Ostrowiec w.	5:08.12	443
	50m: 34.09 34.09	150m: 1:51.83 39.73	250m: 3:12.17 39.49	350m: 4:30.88 39.50	
	100m: 1:12.10 38.01	200m: 2:32.68 40.85	300m: 3:51.38 39.21	400m: 5:08.12 37.24	
6.	Gluzi ska Paulina	00	UKP Ruda l ska	5:08.34	442
	50m: 33.86 33.86	150m: 1:49.95 38.50	250m: 3:09.90 40.24	350m: 4:30.71 40.22	
	100m: 1:11.45 37.59	200m: 2:29.66 39.71	300m: 3:50.49 40.59	400m: 5:08.34 37.63	
7.	Karkoszka Anna	00	Barakuda Starachowice	5:13.72	419
	50m: 34.79 34.79	150m: 1:53.74 39.79	250m: 3:15.08 40.72	350m: 4:34.75 39.36	
	100m: 1:13.95 39.16	200m: 2:34.36 40.62	300m: 3:55.39 40.31	400m: 5:13.72 38.97	
8.	l ycka Marta	00	Wodnik Siemianowice l.	5:13.77	419
	50m: 34.01 34.01	150m: 1:52.16 40.14	250m: 3:13.88 41.13	350m: 4:34.86 40.34	
	100m: 1:12.02 38.01	200m: 2:32.75 40.59	300m: 3:54.52 40.64	400m: 5:13.77 38.91	
9.	Podle ny Emilia	00	Kmity Zabierzów	5:15.63	412
	50m: 33.55 33.55	150m: 1:51.60 39.99	250m: 3:13.93 40.90	350m: 4:35.58 40.59	
	100m: 1:11.61 38.06	200m: 2:33.03 41.43	300m: 3:54.99 41.06	400m: 5:15.63 40.05	
10.	liwi ska Marta	00	CKiS Skawina	5:22.33	387
	<i>Minimum startowe 12-13lat</i>				
	50m: 34.22 34.22	150m: 1:54.67 41.22	250m: 3:19.03 42.47	350m: 4:42.69 41.76	
	100m: 1:13.45 39.23	200m: 2:36.56 41.89	300m: 4:00.93 41.90	400m: 5:22.33 39.64	

12 lat

1.	Wi niewska OLiwia	01	Górnik Sosnowiec	5:01.68	472
	50m: 34.74 34.74	150m: 1:51.31 38.87	250m: 3:08.51 39.21	350m: 4:25.74 38.43	
	100m: 1:12.44 37.70	200m: 2:29.30 37.99	300m: 3:47.31 38.80	400m: 5:01.68 35.94	
2.	Grela Anna	01	Kmity Zabierzów	5:20.58	393
	<i>Minimum startowe 12-13lat</i>				
	50m: 34.15 34.15	150m: 1:56.37 41.61	250m: 3:21.04 42.62	350m: 4:43.37 40.29	
	100m: 1:14.76 40.61	200m: 2:38.42 42.05	300m: 4:03.08 42.04	400m: 5:20.58 37.21	
3.	Bajorek Katarzyna	01	Jordan Kraków	5:28.73	364
	<i>Minimum startowe 12-13lat</i>				
	50m: 35.79 35.79	150m: 1:57.73 42.25	250m: 3:23.07 43.31	350m: 4:48.45 42.32	
	100m: 1:15.48 39.69	200m: 2:39.76 42.03	300m: 4:06.13 43.06	400m: 5:28.73 40.28	