Konkurencja 8 | Mężczyzn, 400m dowolny | 12 lat i starsi
13/4/2013 - 12:51 | Wyniki

Minimum startowe 17 +: 4:21.46; 16: 4:30.58; 14 - 15: 4:51.10; 12 - 13: 5:15.00

Punkty: FINA 2012

Pozycja		Rok ur.		Czas	Pkt.

17 lat i starsi

1.	Wysoczyński Mateusz SK			93	Jordan Kraków							**3:56.39**	729
	50m:	27.79	27.79	150m:	1:28.31	30.39	250m:	2:28.54	29.95	350m:	3:28.28		29.27
	100m:	57.92	30.13	200m:	1:58.59	30.28	300m:	2:59.01	30.47	400m:	3:56.39		28.11
2.	Poprawa Michał SO			94	AZS AWF Katowice							**3:56.64**	726
	50m:	27.13	27.13	150m:	1:28.47	30.65	250m:	2:29.65	30.39	350m:	3:28.85		29.18
	100m:	57.82	30.69	200m:	1:59.26	30.79	300m:	2:59.67	30.02	400m:	3:56.64		27.79
3.	Twarowski Jerzy SK			95	Jordan Kraków							**4:01.65**	682
	50m:	28.07	28.07	150m:	1:30.29	30.76	250m:	2:30.92	30.05	350m:	3:31.36		30.19
	100m:	59.53	31.46	200m:	2:00.87	30.58	300m:	3:01.17	30.25	400m:	4:01.65		30.29
4.	Wojdak Wojciech SO			96	BOSiR SP Brzesko							**4:01.80**	681
	50m:	27.50	27.50	150m:	1:27.64	30.28	250m:	2:28.21	30.18	350m:	3:30.66		31.48
	100m:	57.36	29.86	200m:	1:58.03	30.39	300m:	2:59.18	30.97	400m:	4:01.80		31.14
5.	Kliza Mateusz SK			94	Avia Świdnik							**4:03.33**	668
	50m:	28.32	28.32	150m:	1:29.65	30.88	250m:	2:30.97	30.48	350m:	3:32.89		30.95
	100m:	58.77	30.45	200m:	2:00.49	30.84	300m:	3:01.94	30.97	400m:	4:03.33		30.44
6.	Bor Radosław SZG			93	Korner Zielona Góra							**4:03.36**	668
	50m:	28.22	28.22	150m:	1:28.89	30.42	250m:	2:30.55	30.76	350m:	3:33.14		31.44
	100m:	58.47	30.25	200m:	1:59.79	30.90	300m:	3:01.70	31.15	400m:	4:03.36		30.22
7.	Furst Markus			96	Vaesby Simsaellskap							**4:04.78**	656
	50m:	28.17	28.17	150m:	1:28.53	30.28	250m:	2:30.45	31.20	350m:	3:33.62		31.79
	100m:	58.25	30.08	200m:	1:59.25	30.72	300m:	3:01.83	31.38	400m:	4:04.78		31.16
8.	Bałabuch Krystian SO			95	BOSiR SP Brzesko							**4:11.99**	601
	50m:	29.07	29.07	150m:	1:33.64	32.47	250m:	2:36.94	30.99	350m:	3:40.44		31.88
	100m:	1:01.17	32.10	200m:	2:05.95	32.31	300m:	3:08.56	31.62	400m:	4:11.99		31.55
9.	Łopaciński Kacper SO			95	Foka Sandomierz							**4:12.04**	601
	50m:	28.02	28.02	150m:	1:31.92	32.10	250m:	2:36.63	32.14	350m:	3:41.23		32.22
	100m:	59.82	31.80	200m:	2:04.49	32.57	300m:	3:09.01	32.38	400m:	4:12.04		30.81
10.	Książek Sebastian			96	KSZO Ostrowiec Św.							**4:12.45**	598
	50m:	28.40	28.40	150m:	1:29.72	30.94	250m:	2:33.94	32.58	350m:	3:40.08		33.31
	100m:	58.78	30.38	200m:	2:01.36	31.64	300m:	3:06.77	32.83	400m:	4:12.45		32.37
11.	Litwa Krzysztof SK			96	Jordan Kraków							**4:14.58**	583
	50m:	28.57	28.57	150m:	1:32.55	32.46	250m:	2:38.03	32.59	350m:	3:43.06		32.28
	100m:	1:00.09	31.52	200m:	2:05.44	32.89	300m:	3:10.78	32.75	400m:	4:14.58		31.52
12.	Stefaniak Jakub			95	UKS 9 Kalisz							**4:15.52**	577
	50m:	27.80	27.80	150m:	1:30.79	31.90	250m:	2:36.64	33.18	350m:	3:44.39		34.11
	100m:	58.89	31.09	200m:	2:03.46	32.67	300m:	3:10.28	33.64	400m:	4:15.52		31.13
13.	Krycia Mateusz			96	KSZO Ostrowiec Św.							**4:15.60**	576
	50m:	29.60	29.60	150m:	1:34.96	33.11	250m:	2:40.07	32.47	350m:	3:45.25		32.39
	100m:	1:01.85	32.25	200m:	2:07.60	32.64	300m:	3:12.86	32.79	400m:	4:15.60		30.35

16 lat

1.	Goleniec Łukasz SO			97	Unia Oświęcim							**4:06.76**	641
	50m:	28.44	28.44	150m:	1:31.25	31.42	250m:	2:34.05	31.21	350m:	3:36.62		30.95
	100m:	59.83	31.39	200m:	2:02.84	31.59	300m:	3:05.67	31.62	400m:	4:06.76		30.14
2.	Dytkowski Jan			97	KSZO Ostrowiec Św.							**4:12.36**	599
	50m:	28.76	28.76	150m:	1:31.78	31.58	250m:	2:35.29	31.68	350m:	3:40.01		32.47
	100m:	1:00.20	31.44	200m:	2:03.61	31.83	300m:	3:07.54	32.25	400m:	4:12.36		32.35

Konkurencja 8, Chłopców, 400m dowolny, 16 lat

Pozycja		Rok ur.		Czas	Pkt.
3.	Pieśniak Jakub SO	97	Unia Oświęcim	**4:17.47**	564
	50m: 28.62 28.62 150m: 1:33.30 32.49 250m: 2:39.59 33.30 350m: 3:45.50 32.86				
	100m: 1:00.81 32.19 200m: 2:06.29 32.99 300m: 3:12.64 33.05 400m: 4:17.47 31.97				
4.	Żołdak Dominik SO	97	Unia Oświęcim	**4:18.37**	558
	50m: 29.32 29.32 150m: 1:35.56 33.40 250m: 2:41.95 32.88 350m: 3:47.86 32.80				
	100m: 1:02.16 32.84 200m: 2:09.07 33.51 300m: 3:15.06 33.11 400m: 4:18.37 30.51				
5.	Lechowicz Filip	97	Korona Kraków	**4:29.22**	493
	50m: 31.24 31.24 150m: 1:38.92 33.88 250m: 2:47.14 34.04 350m: 3:56.54 34.91				
	100m: 1:05.04 33.80 200m: 2:13.10 34.18 300m: 3:21.63 34.49 400m: 4:29.22 32.68				

15 lat

1.	Ulatowski Wojciech SO	98	Unia Oświęcim	**4:15.26**	579
	50m: 29.31 29.31 150m: 1:33.60 32.37 250m: 2:38.42 32.15 350m: 3:44.10 32.61				
	100m: 1:01.23 31.92 200m: 2:06.27 32.67 300m: 3:11.49 33.07 400m: 4:15.26 31.16				
2.	Topolski Arkadiusz SO	98	Unia Oświęcim	**4:19.08**	553
	50m: 28.98 28.98 150m: 1:33.53 32.40 250m: 2:39.72 33.19 350m: 3:47.02 33.24				
	100m: 1:01.13 32.15 200m: 2:06.53 33.00 300m: 3:13.78 34.06 400m: 4:19.08 32.06				
3.	Hojda Bartłomiej SO	98	Unia Oświęcim	**4:23.80**	524
	50m: 29.57 29.57 150m: 1:36.71 33.96 250m: 2:44.26 33.43 350m: 3:51.38 33.24				
	100m: 1:02.75 33.18 200m: 2:10.83 34.12 300m: 3:18.14 33.88 400m: 4:23.80 32.42				
4.	Seremet Konrad SO	98	Unia Oświęcim	**4:26.25**	510
	50m: 29.27 29.27 150m: 1:34.79 33.16 250m: 2:42.46 33.77 350m: 3:52.14 34.95				
	100m: 1:01.63 32.36 200m: 2:08.69 33.90 300m: 3:17.19 34.73 400m: 4:26.25 34.11				
5.	Zieminanin Jakub	98	Kmita Zabierzów	**4:28.59**	497
	50m: 30.20 30.20 150m: 1:37.92 34.15 250m: 2:47.52 35.00 350m: 3:56.71 34.06				
	100m: 1:03.77 33.57 200m: 2:12.52 34.60 300m: 3:22.65 35.13 400m: 4:28.59 31.88				
6.	Kłapa Filip SO	98	Unia Oświęcim	**4:31.70**	480
	50m: 30.72 30.72 150m: 1:40.00 34.86 250m: 2:49.06 34.63 350m: 3:58.43 34.28				
	100m: 1:05.14 34.42 200m: 2:14.43 34.43 300m: 3:24.15 35.09 400m: 4:31.70 33.27				
7.	Jaworski Norbert	98	Unia Busko Zdrój	**4:32.11**	478
	50m: 30.92 30.92 150m: 1:39.62 34.72 250m: 2:49.68 34.92 350m: 4:00.09 35.00				
	100m: 1:04.90 33.98 200m: 2:14.76 35.14 300m: 3:25.09 35.41 400m: 4:32.11 32.02				
8.	Brauntsch Marek	98	Gilus Gilowice	**4:33.62**	470
	50m: 30.00 30.00 150m: 1:39.02 35.07 250m: 2:48.95 34.88 350m: 3:59.63 35.52				
	100m: 1:03.95 33.95 200m: 2:14.07 35.05 300m: 3:24.11 35.16 400m: 4:33.62 33.99				
9.	Trela Karol	98	Gilus Gilowice	**4:36.17**	457
	50m: 31.68 31.68 150m: 1:40.23 34.65 250m: 2:50.24 35.12 350m: 4:01.01 35.33				
	100m: 1:05.58 33.90 200m: 2:15.12 34.89 300m: 3:25.68 35.44 400m: 4:36.17 35.16				
10.	Kasprzycki Miłosz	98	UKS 9 Kalisz	**4:36.78**	454
	50m: 30.10 30.10 150m: 1:37.46 34.82 250m: 2:48.80 35.88 350m: 4:01.49 37.09				
	100m: 1:02.64 32.54 200m: 2:12.92 35.46 300m: 3:24.40 35.60 400m: 4:36.78 35.29				
11.	Kwietniewski Maciej	98	Korona Swim Kielce	**4:44.32**	419
	50m: 31.42 31.42 150m: 1:41.48 35.59 250m: 2:53.92 36.20 350m: 4:07.76 36.87				
	100m: 1:05.89 34.47 200m: 2:17.72 36.24 300m: 3:30.89 36.97 400m: 4:44.32 36.56				

14 lat

1.	Parzynowski Wojciech	99	UKS 190 Łódź	**4:21.69**	537
	50m: 29.74 29.74 150m: 1:34.73 32.23 250m: 2:41.42 33.66 350m: 3:48.94 34.10				
	100m: 1:02.50 32.76 200m: 2:07.76 33.03 300m: 3:14.84 33.42 400m: 4:21.69 32.75				
2.	Kempa Mikołaj SO	99	MMKS Kędzierzyn Koźle	**4:27.58**	502
	50m: 29.58 29.58 150m: 1:37.49 34.21 250m: 2:46.13 34.12 350m: 3:55.11 35.03				
	100m: 1:03.28 33.70 200m: 2:12.01 34.52 300m: 3:20.08 33.95 400m: 4:27.58 32.47				

Konkurencja 8, Chłopców, 400m dowolny, 14 lat

Pozycja		Rok ur.		Czas	Pkt.
3.	Stanek Adam	99	MKS Gogolin	**4:27.79**	501
	50m: 31.22 31.22 150m: 1:38.63 33.89 250m: 2:47.22 34.31 350m: 3:55.68 34.30				
	100m: 1:04.74 33.52 200m: 2:12.91 34.28 300m: 3:21.38 34.16 400m: 4:27.79 32.11				
4.	Macner Michał SO	99	Park Wodny Tarn. Góry	**4:28.19**	499
	50m: 30.18 30.18 150m: 1:37.88 34.11 250m: 2:46.39 34.21 350m: 3:55.28 34.34				
	100m: 1:03.77 33.59 200m: 2:12.18 34.30 300m: 3:20.94 34.55 400m: 4:28.19 32.91				
5.	Murański Kacper	99	Gilus Gilowice	**4:30.39**	487
	50m: 30.25 30.25 150m: 1:37.96 34.38 250m: 2:47.26 34.79 350m: 3:56.90 34.88				
	100m: 1:03.58 33.33 200m: 2:12.47 34.51 300m: 3:22.02 34.76 400m: 4:30.39 33.49				
6.	Szczepaniak Paweł	99	SMS Galicja Kraków	**4:32.07**	478
	50m: 30.86 30.86 150m: 1:38.53 34.37 250m: 2:48.55 35.22 350m: 3:58.99 35.07				
	100m: 1:04.16 33.30 200m: 2:13.33 34.80 300m: 3:23.92 35.37 400m: 4:32.07 33.08				
7.	Rogozinski Mateusz	99	KSZO Ostrowiec Św.	**4:34.79**	464
	50m: 30.11 30.11 150m: 1:39.11 34.91 250m: 2:49.45 35.09 350m: 4:00.17 34.81				
	100m: 1:04.20 34.09 200m: 2:14.36 35.25 300m: 3:25.36 35.91 400m: 4:34.79 34.62				
8.	Stec Kacper	99	Kmita Zabierzów	**4:38.33**	446
	50m: 30.67 30.67 150m: 1:39.88 35.01 250m: 2:51.20 35.77 350m: 4:02.94 35.92				
	100m: 1:04.87 34.20 200m: 2:15.43 35.55 300m: 3:27.02 35.82 400m: 4:38.33 35.39				
9.	Podzimski Wojciech	99	Park Wodny Tarn. Góry	**4:42.80**	425
	50m: 30.36 30.36 150m: 1:40.41 35.81 250m: 2:52.69 36.14 350m: 4:06.72 36.94				
	100m: 1:04.60 34.24 200m: 2:16.55 36.14 300m: 3:29.78 37.09 400m: 4:42.80 36.08				
10.	Mazur Dominik	99	Kmita Zabierzów	**4:42.88**	425
	50m: 31.34 31.34 150m: 1:41.40 35.48 250m: 2:53.79 36.51 350m: 4:07.19 36.71				
	100m: 1:05.92 34.58 200m: 2:17.28 35.88 300m: 3:30.48 36.69 400m: 4:42.88 35.69				
11.	Zbrożek Radosław	99	SMS Galicja Kraków	**4:45.29**	414
	50m: 32.38 32.38 150m: 1:43.75 36.02 250m: 2:57.18 36.69 350m: 4:10.40 36.54				
	100m: 1:07.73 35.35 200m: 2:20.49 36.74 300m: 3:33.86 36.68 400m: 4:45.29 34.89				
12.	Stoszek Szymon	99	Aligator Gorzyce	**4:47.73**	404
	50m: 31.60 31.60 150m: 1:42.06 35.66 250m: 2:57.01 38.05 350m: 4:12.48 37.35				
	100m: 1:06.40 34.80 200m: 2:18.96 36.90 300m: 3:35.13 38.12 400m: 4:47.73 35.25				
13.	Walczak Szymon	99	Park Wodny Tarn. Góry	**4:47.90**	403
	50m: 31.80 31.80 150m: 1:46.25 36.93 250m: 3:00.28 36.78 350m: 4:14.37 37.10				
	100m: 1:09.32 37.52 200m: 2:23.50 37.25 300m: 3:37.27 36.99 400m: 4:47.90 33.53				
14.	Fiedosiuk Rafał SO	99	Unia Oświęcim	**4:48.30**	401
	50m: 30.89 30.89 150m: 1:40.81 35.57 250m: 2:55.10 37.29 350m: 4:10.81 38.02				
	100m: 1:05.24 34.35 200m: 2:17.81 37.00 300m: 3:32.79 37.69 400m: 4:48.30 37.49				
15.	Ostrowski Dominik SO	99	Unia Oświęcim	**4:49.79**	395
	50m: 32.49 32.49 150m: 1:46.16 37.14 250m: 3:01.77 37.82 350m: 4:14.49 36.37				
	100m: 1:09.02 36.53 200m: 2:23.95 37.79 300m: 3:38.12 36.35 400m: 4:49.79 35.30				
16.	Koprynia Tomasz	99	Kmita Zabierzów	**4:51.27**	389
	Minimum sttartowe 14-15lat				
	50m: 31.48 31.48 150m: 1:44.41 37.29 250m: 3:00.37 38.21 350m: 4:15.62 37.29				
	100m: 1:07.12 35.64 200m: 2:22.16 37.75 300m: 3:38.33 37.96 400m: 4:51.27 35.65				
17.	Marczuk Szymon SO	99	Unia Oświęcim	**4:53.36**	381
	Minimum sttartowe 14-15lat				
	50m: 30.31 30.31 150m: 1:42.14 37.05 250m: 2:59.32 39.47 350m: 4:16.45 38.52				
	100m: 1:05.09 34.78 200m: 2:19.85 37.71 300m: 3:37.93 38.61 400m: 4:53.36 36.91				

Konkurencja 8, Mężczyzn, 400m dowolny

13 lat

1.	Michta Kacper				00	KSZO Ostrowiec Św.						**4:32.30**	477
	50m:	29.74	29.74	150m:	1:37.66	34.68	250m:	2:47.68	34.87	350m:	3:58.27	35.22	
	100m:	1:02.98	33.24	200m:	2:12.81	35.15	300m:	3:23.05	35.37	400m:	4:32.30	34.03	
2.	Orłowski Kamil				00	KSZO Ostrowiec Św.						**4:43.28**	423
	50m:	30.93	30.93	150m:	1:41.26	35.67	250m:	2:54.51	36.84	350m:	4:07.73	36.56	
	100m:	1:05.59	34.66	200m:	2:17.67	36.41	300m:	3:31.17	36.66	400m:	4:43.28	35.55	
3.	Kowalik Krystian				00	KSZO Ostrowiec Św.						**4:45.61**	413
	50m:	31.23	31.23	150m:	1:43.47	36.80	250m:	2:57.39	36.66	350m:	4:10.12	36.56	
	100m:	1:06.67	35.44	200m:	2:20.73	37.26	300m:	3:33.56	36.17	400m:	4:45.61	35.49	
4.	Jarocha Oskar				00	KSZO Ostrowiec Św.						**4:50.71**	392
	50m:	32.84	32.84	150m:	1:45.04	36.53	250m:	3:00.02	37.73	350m:	4:14.35	37.07	
	100m:	1:08.51	35.67	200m:	2:22.29	37.25	300m:	3:37.28	37.26	400m:	4:50.71	36.36	
5.	Kowalski Karol				00	Unia Busko Zdrój						**4:50.79**	391
	50m:	32.37	32.37	150m:	1:46.13	37.20	250m:	3:00.11	37.02	350m:	4:15.16	37.47	
	100m:	1:08.93	36.56	200m:	2:23.09	36.96	300m:	3:37.69	37.58	400m:	4:50.79	35.63	
6.	Biecki Szymon				00	Ósemka Oświęcim						**4:53.70**	380
	50m:	32.10	32.10	150m:	1:46.24	37.78	250m:	3:02.90	38.80	350m:	4:19.73	38.11	
	100m:	1:08.46	36.36	200m:	2:24.10	37.86	300m:	3:41.62	38.72	400m:	4:53.70	33.97	
7.	Szeląg Mikołaj				00	KSZO Ostrowiec Św.						**4:55.63**	372
	50m:	32.63	32.63	150m:	1:46.67	37.37	250m:	3:03.44	38.38	350m:	4:19.72	37.93	
	100m:	1:09.30	36.67	200m:	2:25.06	38.39	300m:	3:41.79	38.35	400m:	4:55.63	35.91	
8.	Mańka Filip				00	UKS 190 Łódź						**5:04.39**	341
	50m:	34.02	34.02	150m:	1:51.74	39.20	250m:	3:09.28	37.72	350m:	4:27.86	38.59	
	100m:	1:12.54	38.52	200m:	2:31.56	39.82	300m:	3:49.27	39.99	400m:	5:04.39	36.53	
9.	Latusek Szymon				00	Gilus Gilowice						**5:11.67**	318
	50m:	34.36	34.36	150m:	1:53.98	40.26	250m:	3:13.95	40.33	350m:	4:33.42	39.35	
	100m:	1:13.72	39.36	200m:	2:33.62	39.64	300m:	3:54.07	40.12	400m:	5:11.67	38.25	
10.	Walessa Kamil				00	UKP Ruda Śląska						**5:16.01**	305
	Minimum startowe 12-13lat												
	50m:	34.31	34.31	150m:	1:54.01	40.67	250m:	3:15.99	40.86	350m:	4:37.69	40.58	
	100m:	1:13.34	39.03	200m:	2:35.13	41.12	300m:	3:57.11	41.12	400m:	5:16.01	38.32	

12 lat

1.	Maj Jakub				01	Górnik Sosnowiec						**4:53.30**	381
	50m:	32.08	32.08	150m:	1:46.18	38.48	250m:	3:03.24	38.73	350m:	4:17.93	38.09	
	100m:	1:07.70	35.62	200m:	2:24.51	38.33	300m:	3:39.84	36.60	400m:	4:53.30	35.37	
2.	Barusiński Kordian				01	Korona Swim Kielce						**5:03.20**	345
	50m:	33.33	33.33	150m:	1:48.01	38.02	250m:	3:05.34	38.96	350m:	4:24.41	39.98	
	100m:	1:09.99	36.66	200m:	2:26.38	38.37	300m:	3:44.43	39.09	400m:	5:03.20	38.79	
3.	Jaworski Szymon				01	Salmo Żory						**5:12.64**	315
	50m:	34.21	34.21	150m:	1:53.88	40.26	250m:	3:13.31	39.46	350m:	4:34.67	40.60	
	100m:	1:13.62	39.41	200m:	2:33.85	39.97	300m:	3:54.07	40.76	400m:	5:12.64	37.97	
4.	Łyczak Jakub				01	Kmita Zabierzów						**5:20.53**	292
	Minimum startowe 12-13lat												
	50m:	35.89	35.89	150m:	1:56.73	41.32	250m:	3:19.20	40.93	350m:	4:40.77	41.08	
	100m:	1:15.41	39.52	200m:	2:38.27	41.54	300m:	3:59.69	40.49	400m:	5:20.53	39.76	