



Konkurencja 12
9/11/2013 - 12:27

M czynn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2013

Pozycja		Rok ur.						Czas	Pkt.
1.	Zaborowski Filip SSz	94	MKP Szczecin					3:46.73	820
	50m: 26.89 26.89	150m: 1:24.52	28.88	250m: 2:21.78	28.50	350m: 3:18.60		28.40	
	100m: 55.64 28.75	200m: 1:53.28	28.76	300m: 2:50.20	28.42	400m: 3:46.73		28.13	
2.	Wojdak Wojciech SO	96	BOSiR SP Brzesko					3:48.76	798
	50m: 26.73 26.73	150m: 1:24.79	29.10	250m: 2:22.51	28.81	350m: 3:20.30		28.98	
	100m: 55.69 28.96	200m: 1:53.70	28.91	300m: 2:51.32	28.81	400m: 3:48.76		28.46	
3.	Furtek Paweł SSz	95	MKP Szczecin					3:49.41	791
	50m: 27.19 27.19	150m: 1:25.25	29.05	250m: 2:23.21	28.99	350m: 3:21.16		28.83	
	100m: 56.20 29.01	200m: 1:54.22	28.97	300m: 2:52.33	29.12	400m: 3:49.41		28.25	
4.	Kaczmarski Marcin SSz	94	MKP Szczecin					3:50.31	782
	50m: 26.87 26.87	150m: 1:24.63	28.87	250m: 2:22.94	29.25	350m: 3:21.76		29.54	
	100m: 55.76 28.89	200m: 1:53.69	29.06	300m: 2:52.22	29.28	400m: 3:50.31		28.55	
5.	Ku wik Maciej SSz	96	I sk Wrocław					3:51.81	767
	50m: 27.82 27.82	150m: 1:25.90	28.99	250m: 2:24.48	29.28	350m: 3:23.26		29.49	
	100m: 56.91 29.09	200m: 1:55.20	29.30	300m: 2:53.77	29.29	400m: 3:51.81		28.55	
6.	Klich Kacper	94	I sk Wrocław					3:54.69	739
	50m: 27.67 27.67	150m: 1:26.15	29.30	250m: 2:25.02	29.41	350m: 3:24.88		30.12	
	100m: 56.85 29.18	200m: 1:55.61	29.46	300m: 2:54.76	29.74	400m: 3:54.69		29.81	
7.	Ptaszy ski Mikołaj SZG	95	Korner Zielona Góra					3:54.81	738
	50m: 27.29 27.29	150m: 1:26.62	29.86	250m: 2:26.65	29.93	350m: 3:26.78		29.95	
	100m: 56.76 29.47	200m: 1:56.72	30.10	300m: 2:56.83	30.18	400m: 3:54.81		28.03	
8.	Smeja Sławomir	94	AZS AWF Katowice					3:54.99	736
	50m: 26.63 26.63	150m: 1:25.89	29.79	250m: 2:26.43	30.32	350m: 3:26.78		29.95	
	100m: 56.10 29.47	200m: 1:56.11	30.22	300m: 2:56.83	30.40	400m: 3:54.99		28.21	
9.	Głyk Wojciech	92	AZS AWF Katowice					3:57.58	713
	50m: 27.86 27.86	150m: 1:27.94	30.00	250m: 2:27.90	29.98	350m: 3:28.10		29.96	
	100m: 57.94 30.08	200m: 1:57.92	29.98	300m: 2:58.14	30.24	400m: 3:57.58		29.48	
10.	Urbaniak Jan	95	Warta Pozna					3:57.68	712
	50m: 28.15 28.15	150m: 1:28.05	29.97	250m: 2:28.81	30.46	350m: 3:29.00		29.88	
	100m: 58.08 29.93	200m: 1:58.35	30.30	300m: 2:59.12	30.31	400m: 3:57.68		28.68	
11.	Ksi ek Sebastian SOc	96	KSZO Ostrowiec w.					3:59.09	699
	50m: 27.70 27.70	150m: 1:28.23	30.07	250m: 2:28.64	30.11	350m: 3:29.34		30.24	
	100m: 58.16 30.46	200m: 1:58.53	30.30	300m: 2:59.10	30.46	400m: 3:59.09		29.75	
12.	Rzadkowski Daniel	94	MUKS Olimpijczyk Suwałki					3:59.12	699
	50m: 27.30 27.30	150m: 1:28.58	30.94	250m: 2:29.89	30.45	350m: 3:31.30		30.40	
	100m: 57.64 30.34	200m: 1:59.44	30.86	300m: 3:00.90	31.01	400m: 3:59.12		27.82	
13.	Jaszczak Wiktor SWR	97	I sk Wrocław					3:59.93	692
	50m: 27.94 27.94	150m: 1:28.77	30.65	250m: 2:29.91	30.69	350m: 3:30.87		30.47	
	100m: 58.12 30.18	200m: 1:59.22	30.45	300m: 3:00.40	30.49	400m: 3:59.93		29.06	
14.	Lassek Bartłomiej	94	AZS UŁPŁ Łód					4:00.03	691
	50m: 26.91 26.91	150m: 1:26.14	29.74	250m: 2:26.43	30.33	350m: 3:28.77		31.56	
	100m: 56.40 29.49	200m: 1:56.10	29.96	300m: 2:57.21	30.78	400m: 4:00.03		31.26	
15.	Hołub Jan SWR	96	I sk Wrocław					4:01.06	682
	50m: 27.73 27.73	150m: 1:29.14	30.88	250m: 2:30.29	30.54	350m: 3:31.47		30.16	
	100m: 58.26 30.53	200m: 1:59.75	30.61	300m: 3:01.31	31.02	400m: 4:01.06		29.59	
16.	U ciłko Michał	95	Juvenia Białystok					4:01.42	679
	50m: 27.82 27.82	150m: 1:27.69	30.05	250m: 2:28.19	30.22	350m: 3:30.13		31.33	
	100m: 57.64 29.82	200m: 1:57.97	30.28	300m: 2:58.80	30.61	400m: 4:01.42		31.29	
17.	Staniszewski Adam	97	Trójka Łód					4:01.89	675
	50m: 27.88 27.88	150m: 1:28.85	30.51	250m: 2:30.09	30.88	350m: 3:31.83		30.77	
	100m: 58.34 30.46	200m: 1:59.21	30.36	300m: 3:01.06	30.97	400m: 4:01.89		30.06	



Grand Prix Puchar Polski
Kraków, 9/ - 10/11/2013



Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	Goleniec Łukasz SO		97	Unia O wi cim				4:03.27	664
	50m: 28.36 28.36	150m: 1:29.85	30.60	250m: 2:32.01	31.14	350m: 3:33.93	30.72		
	100m: 59.25 30.89	200m: 2:00.87	31.02	300m: 3:03.21	31.20	400m: 4:03.27	29.34		
19.	Kłós Grzegorz SO		95	AZS AWF Katowice				4:04.34	655
	50m: 28.75 28.75	150m: 1:30.18	30.52	250m: 2:32.07	30.89	350m: 3:34.13	30.91		
	100m: 59.66 30.91	200m: 2:01.18	31.00	300m: 3:03.22	31.15	400m: 4:04.34	30.21		
20.	Łowicki Marcin SO		95	Nawa Skierniewice				4:04.52	654
	50m: 27.74 27.74	150m: 1:28.42	30.48	250m: 2:29.72	30.34	350m: 3:32.54	32.03		
	100m: 57.94 30.20	200m: 1:59.38	30.96	300m: 3:00.51	30.79	400m: 4:04.52	31.98		
	Osses Arkadiusz SP		95	Warta Pozna				4:04.52	654
	50m: 28.72 28.72	150m: 1:30.01	30.65	250m: 2:32.41	31.07	350m: 3:34.47	30.94		
	100m: 59.36 30.64	200m: 2:01.34	31.33	300m: 3:03.53	31.12	400m: 4:04.52	30.05		
22.	Bor Radosław		93	Korner Zielona Góra				4:05.22	648
	50m: 27.78 27.78	150m: 1:27.86	30.15	250m: 2:30.08	31.20	350m: 3:33.80	32.10		
	100m: 57.71 29.93	200m: 1:58.88	31.02	300m: 3:01.70	31.62	400m: 4:05.22	31.42		
23.	Sobczyk Maciej		95	Trójka Łód				4:05.28	647
	50m: 28.03 28.03	150m: 1:29.50	30.81	250m: 2:31.68	31.09	350m: 3:34.68	31.54		
	100m: 58.69 30.66	200m: 2:00.59	31.09	300m: 3:03.14	31.46	400m: 4:05.28	30.60		
24.	Łendo Piotr		93	Juvenia Białystok				4:07.13	633
	50m: 28.56 28.56	150m: 1:31.10	31.62	250m: 2:33.87	30.98	350m: 3:36.63	31.52		
	100m: 59.48 30.92	200m: 2:02.89	31.79	300m: 3:05.11	31.24	400m: 4:07.13	30.50		
25.	Ulatowski Wojciech SO		98	Unia O wi cim				4:07.24	632
	50m: 29.34 29.34	150m: 1:32.40	31.58	250m: 2:35.69	31.57	350m: 3:38.21	30.79		
	100m: 1:00.82 31.48	200m: 2:04.12	31.72	300m: 3:07.42	31.73	400m: 4:07.24	29.03		
26.	Rojda Adam		96	Wodnik Rawicz				4:07.81	628
	50m: 27.48 27.48	150m: 1:29.05	31.20	250m: 2:32.12	31.57	350m: 3:36.44	32.08		
	100m: 57.85 30.37	200m: 2:00.55	31.50	300m: 3:04.36	32.24	400m: 4:07.81	31.37		
27.	ybura Kornel		95	Bobry D bica				4:07.89	627
	50m: 28.44 28.44	150m: 1:30.90	31.36	250m: 2:33.94	31.37	350m: 3:36.92	31.46		
	100m: 59.54 31.10	200m: 2:02.57	31.67	300m: 3:05.46	31.52	400m: 4:07.89	30.97		
28.	Pie niak Jakub SO		97	Unia O wi cim				4:09.31	617
	50m: 28.30 28.30	150m: 1:31.91	31.79	250m: 2:35.24	31.65	350m: 3:38.93	31.74		
	100m: 1:00.12 31.82	200m: 2:03.59	31.68	300m: 3:07.19	31.95	400m: 4:09.31	30.38		
29.	Zimowski Oskar		97	Jagiellonka Warszawa				4:10.14	610
	50m: 27.13 27.13	150m: 1:29.98	32.02	250m: 2:35.28	32.79	350m: 3:39.77	31.78		
	100m: 57.96 30.83	200m: 2:02.49	32.51	300m: 3:07.99	32.71	400m: 4:10.14	30.37		
30.	Jura Maciej		96	Jagiellonka Warszawa				4:11.82	598
	50m: 28.02 28.02	150m: 1:29.84	31.19	250m: 2:33.96	32.19	350m: 3:39.87	33.15		
	100m: 58.65 30.63	200m: 2:01.77	31.93	300m: 3:06.72	32.76	400m: 4:11.82	31.95		
31.	Sola Kornel SOc		97	Fala Kra nik				4:12.95	590
	50m: 27.84 27.84	150m: 1:30.22	31.71	250m: 2:34.53	32.19	350m: 3:40.85	33.30		
	100m: 58.51 30.67	200m: 2:02.34	32.12	300m: 3:07.55	33.02	400m: 4:12.95	32.10		
32.	Burzawa Mateusz		96	CSiR MOS D browa Grn.				4:13.86	584
	50m: 28.26 28.26	150m: 1:32.13	32.42	250m: 2:37.82	32.67	350m: 3:42.69	32.27		
	100m: 59.71 31.45	200m: 2:05.15	33.02	300m: 3:10.42	32.60	400m: 4:13.86	31.17		
33.	Jaszewski Marcin		96	AZS AWF Warszawa				4:14.44	580
	50m: 27.87 27.87	150m: 1:29.21	31.00	250m: 2:33.57	32.74	350m: 3:41.67	33.96		
	100m: 58.21 30.34	200m: 2:00.83	31.62	300m: 3:07.71	34.14	400m: 4:14.44	32.77		
34.	Dobrzy ski Tomasz		98	G-8 Bielany Warszawa				4:14.57	579
	50m: 28.94 28.94	150m: 1:33.15	32.48	250m: 2:38.22	32.25	350m: 3:43.26	32.83		
	100m: 1:00.67 31.73	200m: 2:05.97	32.82	300m: 3:10.43	32.21	400m: 4:14.57	31.31		



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Pozycja			Rok ur.				Czas	Pkt.
35.	Borkowski Łukasz	95	Trójka Łód	4:16.52	566			
	50m: 29.27 29.27	150m: 1:34.43	32.64	250m: 2:39.55	32.45	350m: 3:44.84	32.27	
	100m: 1:01.79 32.52	200m: 2:07.10	32.67	300m: 3:12.57	33.02	400m: 4:16.52	31.68	
36.	Kału y ski Antoni	99	GIM 92 Ursynów Warszawa	4:16.57	566			
	50m: 28.47 28.47	150m: 1:33.29	32.39	250m: 2:38.32	32.42	350m: 3:44.96	33.29	
	100m: 1:00.90 32.43	200m: 2:05.90	32.61	300m: 3:11.67	33.35	400m: 4:16.57	31.61	
37.	Masłowski Mateusz	98	I sk Wrocław	4:16.94	563			
	50m: 28.82 28.82	150m: 1:33.24	32.42	250m: 2:38.38	32.43	350m: 3:44.70	32.97	
	100m: 1:00.82 32.00	200m: 2:05.95	32.71	300m: 3:11.73	33.35	400m: 4:16.94	32.24	
38.	Arentewicz Jacek	97	Piast Głogów	4:17.42	560			
	50m: 28.53 28.53	150m: 1:33.53	32.69	250m: 2:39.35	32.96	350m: 3:44.89	32.48	
	100m: 1:00.84 32.31	200m: 2:06.39	32.86	300m: 3:12.41	33.06	400m: 4:17.42	32.53	
39.	Grzyski Mateusz	98	I sk Wrocław	4:19.69	545			
	50m: 29.13 29.13	150m: 1:34.04	32.72	250m: 2:40.40	33.39	350m: 3:47.66	33.86	
	100m: 1:01.32 32.19	200m: 2:07.01	32.97	300m: 3:13.80	33.40	400m: 4:19.69	32.03	
40.	Kuczma J drzej	98	I sk Wrocław	4:19.80	545			
	50m: 29.74 29.74	150m: 1:35.18	33.05	250m: 2:42.29	33.47	350m: 3:48.49	32.66	
	100m: 1:02.13 32.39	200m: 2:08.82	33.64	300m: 3:15.83	33.54	400m: 4:19.80	31.31	
41.	Okupnik Jakub	98	I sk Wrocław	4:20.29	542			
	50m: 28.87 28.87	150m: 1:34.37	33.20	250m: 2:40.78	33.37	350m: 3:47.25	32.95	
	100m: 1:01.17 32.30	200m: 2:07.41	33.04	300m: 3:14.30	33.52	400m: 4:20.29	33.04	
42.	Jarmuła Miłosz	98	G-8 Bielany Warszawa	4:20.54	540			
	50m: 29.29 29.29	150m: 1:34.09	32.87	250m: 2:40.82	33.29	350m: 3:48.11	33.72	
	100m: 1:01.22 31.93	200m: 2:07.53	33.44	300m: 3:14.39	33.57	400m: 4:20.54	32.43	
43.	Sumara Benjamin	99	CSiR MOS D browa Grn.	4:21.55	534			
	50m: 29.10 29.10	150m: 1:34.76	33.48	250m: 2:41.94	33.48	350m: 3:49.16	33.24	
	100m: 1:01.28 32.18	200m: 2:08.46	33.70	300m: 3:15.92	33.98	400m: 4:21.55	32.39	
44.	Turek Maksymilian	98	I sk Wrocław	4:21.99	531			
	50m: 30.00 30.00	150m: 1:35.48	32.93	250m: 2:41.87	33.23	350m: 3:49.06	33.58	
	100m: 1:02.55 32.55	200m: 2:08.64	33.16	300m: 3:15.48	33.61	400m: 4:21.99	32.93	
45.	Rój Konrad SSz	98	MKP Szczecin	4:23.34	523			
	50m: 29.75 29.75	150m: 1:35.75	33.21	250m: 2:43.54	34.03	350m: 3:51.50	34.03	
	100m: 1:02.54 32.79	200m: 2:09.51	33.76	300m: 3:17.47	33.93	400m: 4:23.34	31.84	
46.	Prószynski Igor	99	Fala Kra nik	4:23.50	522			
	50m: 29.20 29.20	150m: 1:35.14	33.58	250m: 2:43.62	34.04	350m: 3:51.91	33.94	
	100m: 1:01.56 32.36	200m: 2:09.58	34.44	300m: 3:17.97	34.35	400m: 4:23.50	31.59	
47.	Kica Paweł	96	Korona Kraków	4:23.75	521			
	50m: 29.25 29.25	150m: 1:35.78	33.02	250m: 2:42.46	33.36	350m: 3:50.13	33.83	
	100m: 1:02.76 33.51	200m: 2:09.10	33.32	300m: 3:16.30	33.84	400m: 4:23.75	33.62	
48.	Wasiuk Jakub SO	99	MMKS K dzierzyn-Ko le	4:24.15	518			
	50m: 30.03 30.03	150m: 1:35.95	33.18	250m: 2:42.75	33.50	350m: 3:51.17	34.29	
	100m: 1:02.77 32.74	200m: 2:09.25	33.30	300m: 3:16.88	34.13	400m: 4:24.15	32.98	
49.	Stec Kacper	99	Kmita Zabierzow	4:25.04	513			
	50m: 29.43 29.43	150m: 1:36.17	33.50	250m: 2:44.43	34.32	350m: 3:52.70	33.90	
	100m: 1:02.67 33.24	200m: 2:10.11	33.94	300m: 3:18.80	34.37	400m: 4:25.04	32.34	
50.	Dudek Julian	99	Nawa Skierniewice	4:26.30	506			
	50m: 28.74 28.74	150m: 1:35.16	33.53	250m: 2:44.08	34.59	350m: 3:53.97	35.00	
	100m: 1:01.63 32.89	200m: 2:09.49	34.33	300m: 3:18.97	34.89	400m: 4:26.30	32.33	
51.	Bochnowski Maciej	98	Bobry D bica	4:29.56	488			
	50m: 29.61 29.61	150m: 1:37.13	34.14	250m: 2:46.53	34.48	350m: 3:55.99	34.75	
	100m: 1:02.99 33.38	200m: 2:12.05	34.92	300m: 3:21.24	34.71	400m: 4:29.56	33.57	



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Pozycja					Rok ur.					Czas	Pkt.	
52.	Podzimski Wojciech				99	Park Wodny Tarn. Góry				4:30.18	484	
	50m:	29.78	29.78	150m:	1:37.13	34.32	250m:	2:46.44	34.65	350m:	3:56.33	34.92
	100m:	1:02.81	33.03	200m:	2:11.79	34.66	300m:	3:21.41	34.97	400m:	4:30.18	33.85
53.	Juchno Szymon				97	CSiR MOS D browa Grn.				4:31.33	478	
	50m:	29.42	29.42	150m:	1:37.46	34.53	250m:	2:47.06	34.81	350m:	3:57.09	35.06
	100m:	1:02.93	33.51	200m:	2:12.25	34.79	300m:	3:22.03	34.97	400m:	4:31.33	34.24
54.	Goleniec Kamil SO				99	Unia O wi cim				4:31.78	476	
	50m:	30.09	30.09	150m:	1:36.56	33.63	250m:	2:46.16	35.07	350m:	3:57.25	35.52
	100m:	1:02.93	32.84	200m:	2:11.09	34.53	300m:	3:21.73	35.57	400m:	4:31.78	34.53
55.	Cempel Oskar				99	SMS Galicja Kraków				4:35.64	456	
	50m:	31.25	31.25	150m:	1:41.82	35.59	250m:	2:52.90	35.29	350m:	4:02.63	34.57
	100m:	1:06.23	34.98	200m:	2:17.61	35.79	300m:	3:28.06	35.16	400m:	4:35.64	33.01
56.	Koziaara Dominik				99	SMS Galicja Kraków				4:35.93	455	
	50m:	30.70	30.70	150m:	1:39.94	35.18	250m:	2:50.85	35.38	350m:	4:02.51	35.87
	100m:	1:04.76	34.06	200m:	2:15.47	35.53	300m:	3:26.64	35.79	400m:	4:35.93	33.42
57.	Kurowski Szymon				98	Pi tka Chorzów				4:36.71	451	
	50m:	29.95	29.95	150m:	1:37.54	34.16	250m:	2:47.53	35.33	350m:	4:00.49	36.99
	100m:	1:03.38	33.43	200m:	2:12.20	34.66	300m:	3:23.50	35.97	400m:	4:36.71	36.22
58.	Czurczak Jakub				99	Sokół Rzeszów				4:37.26	448	
	50m:	30.24	30.24	150m:	1:38.79	34.83	250m:	2:50.49	35.99	350m:	4:02.75	36.00
	100m:	1:03.96	33.72	200m:	2:14.50	35.71	300m:	3:26.75	36.26	400m:	4:37.26	34.51
59.	Bujko Michał				99	Juvenia Wrocław				4:37.99	445	
	50m:	28.81	28.81	150m:	1:38.01	35.19	250m:	2:50.52	36.33	350m:	4:03.95	36.92
	100m:	1:02.82	34.01	200m:	2:14.19	36.18	300m:	3:27.03	36.51	400m:	4:37.99	34.04
60.	Brzykowski Krystian				98	Sokół Rzeszów				4:38.49	442	
	50m:	31.35	31.35	150m:	1:42.11	35.87	250m:	2:54.17	36.02	350m:	4:03.71	34.02
	100m:	1:06.24	34.89	200m:	2:18.15	36.04	300m:	3:29.69	35.52	400m:	4:38.49	34.78
61.	Tkaczyk Konrad				97	Orka Luba				4:39.75	436	
	50m:	28.84	28.84	150m:	1:38.80	36.08	250m:	2:51.75	36.63	350m:	4:05.41	36.49
	100m:	1:02.72	33.88	200m:	2:15.12	36.32	300m:	3:28.92	37.17	400m:	4:39.75	34.34
62.	Zaj c Kacper				96	Korona Kraków				4:39.80	436	
	50m:	31.26	31.26	150m:	1:39.43	34.31	250m:	2:50.71	36.20	350m:	4:04.55	36.70
	100m:	1:05.12	33.86	200m:	2:14.51	35.08	300m:	3:27.85	37.14	400m:	4:39.80	35.25
63.	Pi tka Marcin				99	SMS Galicja Kraków				4:41.21	429	
	50m:	31.25	31.25	150m:	1:43.50	36.41	250m:	2:56.12	36.73	350m:	4:07.14	34.09
	100m:	1:07.09	35.84	200m:	2:19.39	35.89	300m:	3:33.05	36.93	400m:	4:41.21	34.07
64.	Kubiak Bartłomiej				99	Dziewi tka Kalisz				4:44.08	417	
	50m:	30.67	30.67	150m:	1:41.83	36.14	250m:	2:55.01	36.55	350m:	4:09.00	37.10
	100m:	1:05.69	35.02	200m:	2:18.46	36.63	300m:	3:31.90	36.89	400m:	4:44.08	35.08
65.	Wi cek Bartłomiej				99	Juvenia Wrocław				4:44.45	415	
	50m:	32.52	32.52	150m:	1:42.50	35.28	250m:	2:54.81	36.28	350m:	4:08.34	37.05
	100m:	1:07.22	34.70	200m:	2:18.53	36.03	300m:	3:31.29	36.48	400m:	4:44.45	36.11
66.	Siwy Marcel				98	Park Wodny Tarn. Góry				4:47.07	404	
	50m:	31.20	31.20	150m:	1:44.02	37.17	250m:	2:56.58	36.06	350m:	4:11.48	37.76
	100m:	1:06.85	35.65	200m:	2:20.52	36.50	300m:	3:33.72	37.14	400m:	4:47.07	35.59
67.	Zbro ek Radosław				99	SMS Galicja Kraków				4:47.93	400	
	50m:	32.51	32.51	150m:	1:45.17	36.83	250m:	2:58.18	36.56	350m:	4:12.13	36.95
	100m:	1:08.34	35.83	200m:	2:21.62	36.45	300m:	3:35.18	37.00	400m:	4:47.93	35.80
68.	Gil Kamil				99	SMS Galicja Kraków				4:56.87	365	
	50m:	32.03	32.03	150m:	1:45.83	37.64	250m:	3:01.86	37.91	350m:	4:19.38	39.61
	100m:	1:08.19	36.16	200m:	2:23.95	38.12	300m:	3:39.77	37.91	400m:	4:56.87	37.49



Grand Prix Puchar Polski
Kraków, 9/ - 10/11/2013



Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.
69.	S	dłak Wiktor		99	Orka Zamo				4:57.87	361
		50m: 32.96	32.96	150m: 1:47.83	37.97	250m: 3:04.44	38.41	350m: 4:20.59	38.42	
		100m: 1:09.86	36.90	200m: 2:26.03	38.20	300m: 3:42.17	37.73	400m: 4:57.87	37.28	
70.	Anysz Michał			97	GIM 92 Ursynów Warszawa				5:00.28	353
		50m: 29.54	29.54	150m: 1:42.95	38.40	250m: 3:01.47	39.60	350m: 4:20.17	39.19	
		100m: 1:04.55	35.01	200m: 2:21.87	38.92	300m: 3:40.98	39.51	400m: 5:00.28	40.11	
71.	Tacza ski Bartłomiej			96	Shark Rudna				5:11.48	316
		50m: 24.97	24.97	150m: 1:41.61	48.52	250m: 3:09.14	43.55	350m: 4:34.93	43.85	
		100m: 53.09	28.12	200m: 2:25.59	43.98	300m: 3:51.08	41.94	400m: 5:11.48	36.55	
NIE UK.	Podwika Kamil			99	SMS Galicja Kraków					
		50m: 32.44	32.44	150m:		250m:		350m:		
		100m: 1:08.83	36.39	200m:		300m:		400m:		