



Grand Prix Puchar Polski
Kraków, 25/ - 26/10/2014



Event 1
25/10/2014 - 9:00

Women, 400m Medley

14 years and older
Results

Points: FINA 2014

Rank					YB					Time	Pts	
1.	Tchorz Alicja				92	Juvenia Wroclaw				4:39.31	814	
	50m:	29.92	29.92	150m:	1:40.45	36.59	250m:	2:55.51	39.37	350m:	4:07.77	32.76
	100m:	1:03.86	33.94	200m:	2:16.14	35.69	300m:	3:35.01	39.50	400m:	4:39.31	31.54
2.	Piechota Paulina				99	UKS 190 Lodz				4:54.27	696	
	50m:	30.99	30.99	150m:	1:43.58	37.31	250m:	3:03.45	43.21	350m:	4:21.31	34.52
	100m:	1:06.27	35.28	200m:	2:20.24	36.66	300m:	3:46.79	43.34	400m:	4:54.27	32.96
3.	Magnier Agata				97	Jordan Krakow				4:56.83	678	
	50m:	32.12	32.12	150m:	1:45.63	37.40	250m:	3:05.54	44.12	350m:	4:24.13	34.35
	100m:	1:08.23	36.11	200m:	2:21.42	35.79	300m:	3:49.78	44.24	400m:	4:56.83	32.70
4.	Gralewska Kalina SWwa				96	Polonia Warszawa				4:57.87	671	
	50m:	31.78	31.78	150m:	1:44.85	36.62	250m:	3:04.01	43.05	350m:	4:23.47	35.34
	100m:	1:08.23	36.45	200m:	2:20.96	36.11	300m:	3:48.13	44.12	400m:	4:57.87	34.40
5.	Kunka Kamila SO				96	Unia Oswiecim				5:00.04	657	
	50m:	32.23	32.23	150m:	1:46.27	37.52	250m:	3:07.22	44.03	350m:	4:26.80	34.88
	100m:	1:08.75	36.52	200m:	2:23.19	36.92	300m:	3:51.92	44.70	400m:	5:00.04	33.24
6.	Zbrojewska Michalina				96	Piatka Konstanynow Lodzki				5:01.65	646	
	50m:	31.81	31.81	150m:	1:48.19	39.42	250m:	3:08.01	41.40	350m:	4:26.53	36.35
	100m:	1:08.77	36.96	200m:	2:26.61	38.42	300m:	3:50.18	42.17	400m:	5:01.65	35.12
7.	Sproska Magdalena				97	Zryw Opole				5:02.66	640	
	50m:	31.57	31.57	150m:	1:46.59	38.73	250m:	3:08.21	43.51	350m:	4:28.06	35.33
	100m:	1:07.86	36.29	200m:	2:24.70	38.11	300m:	3:52.73	44.52	400m:	5:02.66	34.60
8.	Bartovicova Barbara				98	STU Tmava				5:03.03	637	
	50m:	31.29	31.29	150m:	1:45.82	38.35	250m:	3:05.69	41.81	350m:	4:27.07	37.67
	100m:	1:07.47	36.18	200m:	2:23.88	38.06	300m:	3:49.40	43.71	400m:	5:03.03	35.96
9.	Nieszporek Wiktoria				99	UKS 190 Lodz				5:04.67	627	
	50m:	33.04	33.04	150m:	1:51.20	40.36	250m:	3:12.02	41.94	350m:	4:29.66	36.05
	100m:	1:10.84	37.80	200m:	2:30.08	38.88	300m:	3:53.61	41.59	400m:	5:04.67	35.01
10.	Adamiec Dominika				99	Unia Oswiecim				5:08.81	602	
	50m:	31.43	31.43	150m:	1:48.09	39.58	250m:	3:10.99	44.04	350m:	4:33.61	36.81
	100m:	1:08.51	37.08	200m:	2:26.95	38.86	300m:	3:56.80	45.81	400m:	5:08.81	35.20
11.	Janiszewska Dominika SWwa				99	Polonia Warszawa				5:09.36	599	
	50m:	31.94	31.94	150m:	1:48.60	39.97	250m:	3:11.80	42.93	350m:	4:32.74	37.09
	100m:	1:08.63	36.69	200m:	2:28.87	40.27	300m:	3:55.65	43.85	400m:	5:09.36	36.62
12.	Mendyk Adrianna SO				98	Wodnik Radom				5:09.71	597	
	50m:	32.02	32.02	150m:	1:47.34	38.25	250m:	3:11.11	45.80	350m:	4:33.26	37.43
	100m:	1:09.09	37.07	200m:	2:25.31	37.97	300m:	3:55.83	44.72	400m:	5:09.71	36.45
13.	Wolny Magdalena				98	AZS AWF Katowice				5:12.60	581	
	50m:	31.81	31.81	150m:	1:48.36	39.11	250m:	3:12.72	45.40	350m:	4:36.12	37.32
	100m:	1:09.25	37.44	200m:	2:27.32	38.96	300m:	3:58.80	46.08	400m:	5:12.60	36.48
14.	Bednarek Aleksandra				98	Jedynka Lodz				5:12.67	580	
	50m:	33.99	33.99	150m:	1:54.30	40.77	250m:	3:17.77	44.10	350m:	4:38.23	36.07
	100m:	1:13.53	39.54	200m:	2:33.67	39.37	300m:	4:02.16	44.39	400m:	5:12.67	34.44
15.	Helbing Justyna				97	Jordan Krakow				5:15.21	566	
	50m:	34.36	34.36	150m:	1:54.35	41.48	250m:	3:18.67	44.29	350m:	4:39.47	36.04
	100m:	1:12.87	38.51	200m:	2:34.38	40.03	300m:	4:03.43	44.76	400m:	5:15.21	35.74
16.	Leonczuk Sara				99	G-8 Bielany Warszawa				5:15.28	566	
	50m:	32.84	32.84	150m:	1:51.30	41.25	250m:	3:15.98	45.81	350m:	4:39.83	37.08
	100m:	1:10.05	37.21	200m:	2:30.17	38.87	300m:	4:02.75	46.77	400m:	5:15.28	35.45
17.	Sliwinska Marta				97	CSiR MOS Dabrowa Grn.				5:16.64	559	
	50m:	33.19	33.19	150m:	1:52.80	41.32	250m:	3:20.03	46.65	350m:	4:42.14	35.97
	100m:	1:11.48	38.29	200m:	2:33.38	40.58	300m:	4:06.17	46.14	400m:	5:16.64	34.50



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Rank		YB						Time	Pts
18.	Gotowska Weronika	00	G-8 Bielany Warszawa					5:16.75	558
	50m: 33.28 33.28	150m: 1:51.38	39.56	250m: 3:17.61	47.01	350m: 4:41.02	35.89		
	100m: 1:11.82 38.54	200m: 2:30.60	39.22	300m: 4:05.13	47.52	400m: 5:16.75	35.73		
19.	Majszutowicz Paulina	98	MKP Szczecin					5:18.40	549
	50m: 34.10 34.10	150m: 1:58.41	44.74	250m: 3:22.93	42.91	350m: 4:43.08	37.19		
	100m: 1:13.67 39.57	200m: 2:40.02	41.61	300m: 4:05.89	42.96	400m: 5:18.40	35.32		
20.	Sajacka Zofia	98	Gim 92 Ursynow Warszawa					5:18.89	547
	50m: 32.17 32.17	150m: 1:49.69	39.62	250m: 3:15.65	46.75	350m: 4:41.09	37.52		
	100m: 1:10.07 37.90	200m: 2:28.90	39.21	300m: 4:03.57	47.92	400m: 5:18.89	37.80		
21.	Kruszewska Kaja	00	Juvenia Bialystok					5:19.00	546
	50m: 33.84 33.84	150m: 1:55.72	42.84	250m: 3:22.86	45.32	350m: 4:45.20	36.84		
	100m: 1:12.88 39.04	200m: 2:37.54	41.82	300m: 4:08.36	45.50	400m: 5:19.00	33.80		
22.	Szczyrbak Kornelia SO	96	Unia Oswiecim					5:19.36	544
	50m: 33.87 33.87	150m: 1:52.98	40.13	250m: 3:18.85	47.14	350m: 4:43.87	36.82		
	100m: 1:12.85 38.98	200m: 2:31.71	38.73	300m: 4:07.05	48.20	400m: 5:19.36	35.49		
23.	Iwanowska Alexandra	00	Juvenia Wroclaw					5:19.38	544
	50m: 35.18 35.18	150m: 1:59.47	41.36	250m: 3:23.19	42.86	350m: 4:44.88	36.76		
	100m: 1:18.11 42.93	200m: 2:40.33	40.86	300m: 4:08.12	44.93	400m: 5:19.38	34.50		
24.	Kotowicz Anna	98	MOS Elk					5:19.47	544
	50m: 31.32 31.32	150m: 1:50.76	42.04	250m: 3:16.14	44.61	350m: 4:42.31	39.16		
	100m: 1:08.72 37.40	200m: 2:31.53	40.77	300m: 4:03.15	47.01	400m: 5:19.47	37.16		
25.	Zawisza Alina SO	00	Unia Oswiecim					5:20.52	539
	50m: 35.36 35.36	150m: 1:56.22	40.88	250m: 3:23.06	46.69	350m: 4:45.60	36.06		
	100m: 1:15.34 39.98	200m: 2:36.37	40.15	300m: 4:09.54	46.48	400m: 5:20.52	34.92		
26.	Kolbowicz Barbara	99	MKP Szczecin					5:21.68	533
	50m: 33.91 33.91	150m: 1:54.90	41.25	250m: 3:20.74	45.47	350m: 4:45.46	38.49		
	100m: 1:13.65 39.74	200m: 2:35.27	40.37	300m: 4:06.97	46.23	400m: 5:21.68	36.22		
27.	Osiniak Ewa	00	Olimpijczyk 23 Lublin					5:23.24	525
	50m: 34.81 34.81	150m: 1:58.07	41.88	250m: 3:23.70	45.29	350m: 4:47.69	37.69		
	100m: 1:16.19 41.38	200m: 2:38.41	40.34	300m: 4:10.00	46.30	400m: 5:23.24	35.55		
28.	Szafarska Julia SOc	00	KSZO Ostrowiec Sw.					5:23.58	523
	50m: 33.86 33.86	150m: 1:55.89	41.23	250m: 3:24.81	48.02	350m: 4:48.82	36.11		
	100m: 1:14.66 40.80	200m: 2:36.79	40.90	300m: 4:12.71	47.90	400m: 5:23.58	34.76		
29.	Tomon Martyna SOc	00	CSTiR Strzyzow					5:25.02	516
	50m: 34.23 34.23	150m: 1:56.44	42.05	250m: 3:24.47	46.37	350m: 4:48.65	37.31		
	100m: 1:14.39 40.16	200m: 2:38.10	41.66	300m: 4:11.34	46.87	400m: 5:25.02	36.37		
30.	Zylska Joanna	00	Korona Krakow					5:25.21	516
	50m: 34.44 34.44	150m: 1:56.83	41.40	250m: 3:23.54	45.83	350m: 4:48.17	37.73		
	100m: 1:15.43 40.99	200m: 2:37.71	40.88	300m: 4:10.44	46.90	400m: 5:25.21	37.04		
31.	Wosicka Wiktoria	98	MKP Szczecin					5:27.02	507
	50m: 35.32 35.32	150m: 1:57.43	41.68	250m: 3:22.88	46.12	350m: 4:49.22	39.37		
	100m: 1:15.75 40.43	200m: 2:36.76	39.33	300m: 4:09.85	46.97	400m: 5:27.02	37.80		
32.	Jarocho Wiktoria SOc	98	KSZO Ostrowiec Sw.					5:28.56	500
	50m: 34.20 34.20	150m: 1:53.99	40.99	250m: 3:23.11	48.31	350m: 4:50.92	38.45		
	100m: 1:13.00 38.80	200m: 2:34.80	40.81	300m: 4:12.47	49.36	400m: 5:28.56	37.64		
33.	Mackova Natalia	00	STU Trnava					5:31.93	485
	50m: 35.26 35.26	150m: 1:59.75	43.09	250m: 3:29.42	47.76	350m: 4:55.64	38.35		
	100m: 1:16.66 41.40	200m: 2:41.66	41.91	300m: 4:17.29	47.87	400m: 5:31.93	36.29		
34.	Walz Kornelia	00	Nawa Skierniewice					5:39.29	454
	50m: 36.58 36.58	150m: 2:04.08	43.13	250m: 3:35.49	46.39	350m: 5:01.49	39.28		
	100m: 1:20.95 44.37	200m: 2:49.10	45.02	300m: 4:22.21	46.72	400m: 5:39.29	37.80		



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Rank			YB						Time	Pts		
35.	Losak Wiktoria		98	KSZO Ostrowiec Sw.					5:42.80	440		
	50m:	34.99	34.99	150m:	2:03.09	46.19	250m:	3:35.36	47.67	350m:	5:04.26	39.17
	100m:	1:16.90	41.91	200m:	2:47.69	44.60	300m:	4:25.09	49.73	400m:	5:42.80	38.54
36.	Zukowska Natalia		99	Glosator Krakow					5:45.17	431		
	50m:	35.86	35.86	150m:	2:02.17	43.43	250m:	3:34.52	49.80	350m:	5:05.11	40.87
	100m:	1:18.74	42.88	200m:	2:44.72	42.55	300m:	4:24.24	49.72	400m:	5:45.17	40.06
37.	Domagala Julia		00	CSiR MOS Dabrowa Grn.					5:50.94	410		
	50m:	35.84	35.84	150m:	2:03.36	43.85	250m:	3:35.67	49.70	350m:	5:08.73	42.44
	100m:	1:19.51	43.67	200m:	2:45.97	42.61	300m:	4:26.29	50.62	400m:	5:50.94	42.21
DNF	Kolber Roksana SO		98	Unia Oswiecim								
	50m:	34.05	34.05	150m:			250m:			350m:		
	100m:	1:12.38	38.33	200m:			300m:			400m:		