

Konkurencja 11  
10/10/2015 - 17:22

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
<b>16 lat i starsi</b>									
1.	Kunka Kamila		96	AZS AGH Kraków				<b>4:54.22</b>	688
	50m:	32.84	32.84	150m:	1:46.25	37.37	250m:	3:05.24	43.23
	100m:	1:08.88	36.04	200m:	2:22.01	35.76	300m:	3:49.18	43.94
							350m:	4:22.38	33.20
							400m:	4:54.22	31.84
2.	Radli ska Marcelina		93	AZS AGH Kraków				<b>4:57.97</b>	663
	50m:	31.51	31.51	150m:	1:45.96	38.05	250m:	3:05.98	41.95
	100m:	1:07.91	36.40	200m:	2:24.03	38.07	300m:	3:48.66	42.68
							350m:	4:23.80	35.14
							400m:	4:57.97	34.17
3.	Uryga Paulina		95	AZS AGH Kraków				<b>5:00.96</b>	643
	50m:	34.00	34.00	150m:	1:50.89	37.91	250m:	3:09.59	41.87
	100m:	1:12.98	38.98	200m:	2:27.72	36.83	300m:	3:51.35	41.76
							350m:	4:27.08	35.73
							400m:	5:00.96	33.88
4.	Mendyk Adrianna SO		98	Wodnik Radom				<b>5:02.29</b>	635
	50m:	32.50	32.50	150m:			250m:		350m:
	100m:	1:09.46	36.96	200m:			300m:		400m:
								5:02.29	
5.	Sirignano Luigia		96	AZS AGH Kraków				<b>5:09.22</b>	593
	50m:	32.61	32.61	150m:	1:52.12	41.77	250m:	3:14.43	42.74
	100m:	1:10.35	37.74	200m:	2:31.69	39.57	300m:	3:57.97	43.54
							350m:	4:34.34	36.37
							400m:	5:09.22	34.88
6.	Michalczyk Urszula SO		97	Unia O wi cim				<b>5:11.82</b>	578
	50m:	35.01	35.01	150m:	1:56.83	40.96	250m:	3:18.87	42.71
	100m:	1:15.87	40.86	200m:	2:36.16	39.33	300m:	4:01.59	42.72
							350m:	4:37.52	35.93
							400m:	5:11.82	34.30
7.	Nowak Marta SO		99	MMKS K dzierzyn Ko le				<b>5:15.73</b>	557
	50m:	35.31	35.31	150m:	1:54.84	40.03	250m:	3:18.20	43.20
	100m:	1:14.81	39.50	200m:	2:35.00	40.16	300m:	4:02.15	43.95
							350m:	4:40.60	38.45
							400m:	5:15.73	35.13
	Palka Maria SO		99	Unia O wi cim				<b>5:15.73</b>	557
	50m:	33.82	33.82	150m:	1:53.44	41.40	250m:	3:20.05	46.68
	100m:	1:12.04	38.22	200m:	2:33.37	39.93	300m:	4:05.22	45.17
							350m:	4:41.73	36.51
							400m:	5:15.73	34.00
9.	Czaja Barbara		99	SMS Kraków				<b>5:17.03</b>	550
	50m:	34.24	34.24	150m:	1:53.61	40.16	250m:	3:21.77	46.81
	100m:	1:13.45	39.21	200m:	2:34.96	41.35	300m:	4:07.53	45.76
							350m:	4:42.86	35.33
							400m:	5:17.03	34.17
10.	Całka Anna SO		97	Unia O wi cim				<b>5:18.72</b>	541
	50m:	34.60	34.60	150m:	1:54.98	40.74	250m:	3:21.24	46.71
	100m:	1:14.24	39.64	200m:	2:34.53	39.55	300m:	4:07.88	46.64
							350m:	4:43.78	35.90
							400m:	5:18.72	34.94
11.	Adamiec Dominika SO		99	Unia O wi cim				<b>5:20.24</b>	534
	50m:	32.80	32.80	150m:	1:51.45	39.82	250m:	3:19.40	47.83
	100m:	1:11.63	38.83	200m:	2:31.57	40.12	300m:	4:06.62	47.22
							350m:	4:43.50	36.88
							400m:	5:20.24	36.74
12.	Leszczy ska Klaudia Julia SO		99	Unia O wi cim				<b>5:23.33</b>	519
	50m:	35.47	35.47	150m:	1:59.60	42.03	250m:	3:26.63	45.71
	100m:	1:17.57	42.10	200m:	2:40.92	41.32	300m:	4:11.84	45.21
							350m:	4:47.69	35.85
							400m:	5:23.33	35.64
13.	Prochownik Olimpia SO		99	Unia O wi cim				<b>5:23.92</b>	516
	50m:	35.63	35.63	150m:	1:59.66	43.32	250m:	3:26.53	44.77
	100m:	1:16.34	40.71	200m:	2:41.76	42.10	300m:	4:10.80	44.27
							350m:	4:48.62	37.82
							400m:	5:23.92	35.30
14.	Pankowska Wiktoria SO		98	Unia O wi cim				<b>5:27.32</b>	500
	50m:	34.64	34.64	150m:	1:58.88	43.83	250m:	3:28.37	46.23
	100m:	1:15.05	40.41	200m:	2:42.14	43.26	300m:	4:15.35	46.98
							350m:	4:50.77	35.42
							400m:	5:27.32	36.55
15.	Łosak Wiktoria SK		98	SMS Kraków				<b>5:31.87</b>	480
	50m:	35.11	35.11	150m:	1:59.45	43.48	250m:	3:29.67	47.31
	100m:	1:15.97	40.86	200m:	2:42.36	42.91	300m:	4:18.32	48.65
							350m:	4:55.71	37.39
							400m:	5:31.87	36.16
16.	Chamera Weronika SO		99	Motyl MOSiR St. Wola				<b>5:34.63</b>	468
	50m:	36.61	36.61	150m:	2:04.12	43.94	250m:	3:32.68	46.13
	100m:	1:20.18	43.57	200m:	2:46.55	42.43	300m:	4:18.70	46.02
							350m:	4:58.52	39.82
							400m:	5:34.63	36.11



Konkurencja 11, Kobiet, 400m zmienny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
17.	Jasiul Urszula		98	Delfin Legionowo				<b>5:41.90</b>	439
	50m: 39.33	39.33	150m: 2:08.85	43.32	250m: 3:37.71	46.76	350m: 5:04.38	39.30	
	100m: 1:25.53	46.20	200m: 2:50.95	42.10	300m: 4:25.08	47.37	400m: 5:41.90	37.52	
18.	Rzeczyska Patrycja SO		99	Unia O wi cim				<b>5:42.78</b>	435
	50m: 37.15	37.15	150m: 2:04.39	41.73	250m: 3:36.82	51.72	350m: 5:07.01	38.38	
	100m: 1:22.66	45.51	200m: 2:45.10	40.71	300m: 4:28.63	51.81	400m: 5:42.78	35.77	
19.	Kruszniewska Kinga		99	SMS Kraków				<b>5:47.62</b>	417
	50m: 37.16	37.16	150m: 2:05.93	45.29	250m: 3:40.11	48.87	350m: 5:08.66	40.79	
	100m: 1:20.64	43.48	200m: 2:51.24	45.31	300m: 4:27.87	47.76	400m: 5:47.62	38.96	
20.	Warian Karolina		99	SMS Kraków				<b>5:48.85</b>	413
	50m: 37.90	37.90	150m: 2:04.90	42.51	250m: 3:38.73	52.54	350m: 5:11.14	39.62	
	100m: 1:22.39	44.49	200m: 2:46.19	41.29	300m: 4:31.52	52.79	400m: 5:48.85	37.71	
21.	Malinowska Ada		99	SMS Kraków				<b>5:51.98</b>	402
	50m: 34.77	34.77	150m: 2:02.17	44.75	250m: 3:37.80	50.84	350m: 5:11.01	41.77	
	100m: 1:17.42	42.65	200m: 2:46.96	44.79	300m: 4:29.24	51.44	400m: 5:51.98	40.97	
DYSKW.	Górniak Katarzyna		95	AZS AGH Kraków				<b>5:24.28</b>	
	<i>G6 - Nieci gła akcja nawrotu (np. niewykonanie nawrotu natychmiast po zakończeniu pocięcia ramieniem lub oby</i>								
	50m: 33.89	33.89	150m: 1:53.47	39.63	250m: 3:22.75	49.94	350m: 4:48.50	36.70	
	100m: 1:13.84	39.95	200m: 2:32.81	39.34	300m: 4:11.80	49.05	400m: 5:24.28	35.78	
DYSKW.	Rugała Anna SO		98	Unia O wi cim				<b>5:38.27</b>	
	<i>G8 - Ukończenie wyścigu nie w pełnym czasie (Czas: 18:00)</i>								
	50m: 37.57	37.57	150m: 2:05.77	45.08	250m: 3:37.26	47.87	350m: 5:02.94	39.68	
	100m: 1:20.69	43.12	200m: 2:49.39	43.62	300m: 4:23.26	46.00	400m: 5:38.27	35.33	
NIE UK.	Sikora Adrianna SK		99	SMS Kraków					
	50m: 37.50	37.50	150m: 1:59.44	40.85	250m:		350m:		
	100m: 1:18.59	41.09	200m: 2:40.43	40.99	300m:		400m:		

14 - 15 lat

1.	Kołodziej Katarzyna SO		00	Unia O wi cim				<b>5:10.05</b>	588
	50m: 34.83	34.83	150m:		250m: 3:16.01	43.77	350m: 4:35.90	36.16	
	100m: 1:14.02	39.19	200m: 2:32.24		300m: 3:59.74	43.73	400m: 5:10.05	34.15	
2.	Sikora Marta		00	Jasie Sucha Besk.				<b>5:15.05</b>	561
	50m: 33.94	33.94	150m: 1:53.53	39.86	250m: 3:16.05	42.95	350m: 4:39.13	38.87	
	100m: 1:13.67	39.73	200m: 2:33.10	39.57	300m: 4:00.26	44.21	400m: 5:15.05	35.92	
3.	Nita Daria		01	Korona Kraków				<b>5:15.17</b>	560
	50m: 35.26	35.26	150m: 1:55.33	40.01	250m: 3:19.21	44.92	350m: 4:40.48	36.39	
	100m: 1:15.32	40.06	200m: 2:34.29	38.96	300m: 4:04.09	44.88	400m: 5:15.17	34.69	
4.	Zawisza Alina SO		00	Unia O wi cim				<b>5:15.67</b>	557
	50m: 34.17	34.17	150m: 1:53.36	39.94	250m: 3:18.94	46.63	350m: 4:40.80	35.90	
	100m: 1:13.42	39.25	200m: 2:32.31	38.95	300m: 4:04.90	45.96	400m: 5:15.67	34.87	
5.	Pisarek Justyna SO		00	Unia O wi cim				<b>5:16.37</b>	554
	50m: 34.70	34.70	150m: 1:55.01	41.64	250m: 3:21.10	44.75	350m: 4:41.59	36.09	
	100m: 1:13.37	38.67	200m: 2:36.35	41.34	300m: 4:05.50	44.40	400m: 5:16.37	34.78	
6.	Kempa Anna SO		01	MMKS K dzierzyn Ko le				<b>5:17.72</b>	547
	50m: 35.24	35.24	150m: 1:59.08	42.69	250m: 3:23.21	42.92	350m: 4:42.98	36.48	
	100m: 1:16.39	41.15	200m: 2:40.29	41.21	300m: 4:06.50	43.29	400m: 5:17.72	34.74	
7.	Serafin Magdalena		01	SMS Galicja Kraków				<b>5:19.80</b>	536
	50m: 35.31	35.31	150m: 1:57.86	41.11	250m: 3:24.64	46.07	350m: 4:47.53	35.80	
	100m: 1:16.75	41.44	200m: 2:38.57	40.71	300m: 4:11.73	47.09	400m: 5:19.80	32.27	
8.	St pi ska Natalia		01	Korona Kraków				<b>5:20.01</b>	535
	50m: 37.36	37.36	150m: 1:59.03	40.41	250m: 3:24.41	45.88	350m: 4:46.82	36.90	
	100m: 1:18.62	41.26	200m: 2:38.53	39.50	300m: 4:09.92	45.51	400m: 5:20.01	33.19	



Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
9.	Lewandowska Natalia SO		01	Unia O wi cim				<b>5:24.93</b>	511
	50m: 33.45 33.45	150m: 1:51.69		40.04	250m: 3:19.18	47.59	350m: 4:46.26	39.46	
	100m: 1:11.65 38.20	200m: 2:31.59		39.90	300m: 4:06.80	47.62	400m: 5:24.93	38.67	
10.	Cholewa Karolina		01	SMS Galicja Kraków				<b>5:27.32</b>	500
	50m: 36.10 36.10	150m: 1:58.25		41.19	250m: 3:24.08	45.08	350m: 4:49.64	39.86	
	100m: 1:17.06 40.96	200m: 2:39.00		40.75	300m: 4:09.78	45.70	400m: 5:27.32	37.68	
11.	Sałbut Roksana SO		00	Unia O wi cim				<b>5:30.47</b>	486
	50m: 35.96 35.96	150m: 1:59.73		43.56	250m: 3:27.95	45.80	350m: 4:52.77	39.15	
	100m: 1:16.17 40.21	200m: 2:42.15		42.42	300m: 4:13.62	45.67	400m: 5:30.47	37.70	
12.	ylska Joanna		00	Korona Kraków				<b>5:31.00</b>	483
	50m: 36.84 36.84	150m:		250m: 3:26.41	46.42	350m: 4:52.85	38.35		
	100m: 1:19.54 42.70	200m: 2:39.99		300m: 4:14.50	48.09	400m: 5:31.00	38.15		
13.	Hojoł Agata		01	SMS Galicja Kraków				<b>5:33.60</b>	472
	50m: 35.76 35.76	150m: 1:57.25		43.08	250m: 3:26.91	47.27	350m: 4:57.39	39.85	
	100m: 1:14.17 38.41	200m: 2:39.64		42.39	300m: 4:17.54	50.63	400m: 5:33.60	36.21	
14.	Lechowicz Nadia SO		00	SMS Galicja Kraków				<b>5:33.96</b>	471
	50m: 37.36 37.36	150m: 2:02.88		41.33	250m: 3:32.60	49.22	350m:		
	100m: 1:21.55 44.19	200m: 2:43.38		40.50	300m: 4:21.06	48.46	400m: 5:33.96		
15.	Pogorzelska Laura		01	SMS Galicja Kraków				<b>5:35.13</b>	466
	50m: 36.92 36.92	150m: 1:58.12		39.01	250m: 3:27.36	50.16	350m: 4:56.71	38.70	
	100m: 1:19.11 42.19	200m: 2:37.20		39.08	300m: 4:18.01	50.65	400m: 5:35.13	38.42	
16.	mietana Karolina		01	SMS Galicja Kraków				<b>5:36.46</b>	460
	50m: 37.03 37.03	150m: 2:03.39		44.46	250m: 3:34.37	47.88	350m: 5:01.43	37.58	
	100m: 1:18.93 41.90	200m: 2:46.49		43.10	300m: 4:23.85	49.48	400m: 5:36.46	35.03	
17.	Szuster Aleksandra SO		00	Unia O wi cim				<b>5:38.33</b>	453
	50m: 35.11 35.11	150m: 2:02.35		46.28	250m: 3:36.73	50.14	350m: 5:03.78	36.95	
	100m: 1:16.07 40.96	200m: 2:46.59		44.24	300m: 4:26.83	50.10	400m: 5:38.33	34.55	
18.	Zi ba Gabriela SO		01	Unia O wi cim				<b>5:38.54</b>	452
	50m: 37.04 37.04	150m: 2:05.84		44.59	250m: 3:36.77	48.85	350m: 5:03.18	38.15	
	100m: 1:21.25 44.21	200m: 2:47.92		42.08	300m: 4:25.03	48.26	400m: 5:38.54	35.36	
19.	Ma dok Klaudia		01	NKP Bielsko Biała				<b>5:38.78</b>	451
	50m: 35.76 35.76	150m: 1:59.86		41.44	250m: 3:32.19	52.01	350m: 5:00.75	37.40	
	100m: 1:18.42 42.66	200m: 2:40.18		40.32	300m: 4:23.35	51.16	400m: 5:38.78	38.03	
20.	Cie lar Zuzanna		01	SMS Galicja Kraków				<b>5:40.60</b>	444
	50m: 37.43 37.43	150m: 2:05.13		42.26	250m: 3:35.72	49.20	350m: 5:03.36	38.16	
	100m: 1:22.87 45.44	200m: 2:46.52		41.39	300m: 4:25.20	49.48	400m: 5:40.60	37.24	
21.	Rolnicka Oliwia		01	SMS Galicja Kraków				<b>5:44.06</b>	430
	50m: 36.49 36.49	150m: 2:08.90		47.84	250m: 3:40.76	46.15	350m: 5:07.95	39.71	
	100m: 1:21.06 44.57	200m: 2:54.61		45.71	300m: 4:28.24	47.48	400m: 5:44.06	36.11	
22.	Mucha Karolina		01	SMS Galicja Kraków				<b>5:45.57</b>	425
	50m: 36.06 36.06	150m: 2:03.78		44.26	250m: 3:37.96	51.15	350m: 5:08.24	40.22	
	100m: 1:19.52 43.46	200m: 2:46.81		43.03	300m: 4:28.02	50.06	400m: 5:45.57	37.33	
23.	urawska sabina SO		01	Unia O wi cim				<b>5:51.09</b>	405
	50m: 38.50 38.50	150m: 2:09.13		44.71	250m: 3:40.98	49.10	350m: 5:12.09	41.39	
	100m: 1:24.42 45.92	200m: 2:51.88		42.75	300m: 4:30.70	49.72	400m: 5:51.09	39.00	
24.	Janusz Ewa		01	SMS Galicja Kraków				<b>5:51.87</b>	402
	50m: 38.18 38.18	150m: 2:09.64		44.95	250m: 3:45.60	53.09	350m: 5:16.72	40.27	
	100m: 1:24.69 46.51	200m: 2:52.51		42.87	300m: 4:36.45	50.85	400m: 5:51.87	35.15	
25.	St pak Weronika		01	SMS Galicja Kraków				<b>5:59.68</b>	377
	50m: 40.49 40.49	150m:		250m: 3:45.89	50.10	350m: 5:19.47	42.66		
	100m: 1:28.19 47.70	200m: 2:55.79		300m: 4:36.81	50.92	400m: 5:59.68	40.21		



Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja	Rok ur.						Czas	Pkt.
26. Mazurek Gabriela	01	Korona Kraków					<b>5:59.89</b>	376
50m: 41.62	41.62	150m: 2:15.65	45.31	250m: 3:50.80	48.34	350m: 5:22.23	41.13	
100m: 1:30.34	48.72	200m: 3:02.46	46.81	300m: 4:41.10	50.30	400m: 5:59.89	37.66	
27. Zi bek Weronika	00	SMS Galicja Kraków					<b>6:01.70</b>	370
50m: 37.68	37.68	150m: 2:08.68	46.59	250m: 3:45.48	50.84	350m: 5:20.55	42.80	
100m: 1:22.09	44.41	200m: 2:54.64	45.96	300m: 4:37.75	52.27	400m: 6:01.70	41.15	
28. Ochał Maja	01	SMS Galicja Kraków					<b>6:03.25</b>	366
50m: 40.83	40.83	150m: 2:17.36	49.61	250m: 3:54.96	48.72	350m: 5:25.05	40.65	
100m: 1:27.75	46.92	200m: 3:06.24	48.88	300m: 4:44.40	49.44	400m: 6:03.25	38.20	
29. Dzi giel Julia	01	Korona Kraków					<b>6:06.54</b>	356
50m: 40.06	40.06	150m: 2:11.82	46.97	250m: 3:50.70	53.49	350m: 5:26.20	42.70	
100m: 1:24.85	44.79	200m: 2:57.21	45.39	300m: 4:43.50	52.80	400m: 6:06.54	40.34	
30. Palcar Marta	00	Jasie Sucha Besk.					<b>6:06.84</b>	355
50m: 41.29	41.29	150m: 2:16.96	47.45	250m: 3:52.67	48.32	350m: 5:25.67	44.01	
100m: 1:29.51	48.22	200m: 3:04.35	47.39	300m: 4:41.66	48.99	400m: 6:06.84	41.17	
31. W sik Anna	01	Korona Kraków					<b>6:10.72</b>	344
50m: 41.34	41.34	150m: 2:18.93	48.91	250m: 3:57.89	50.95	350m: 5:31.80	42.32	
100m: 1:30.02	48.68	200m: 3:06.94	48.01	300m: 4:49.48	51.59	400m: 6:10.72	38.92	
32. ak Natalia	01	Korona Kraków					<b>6:17.16</b>	327
50m: 40.57	40.57	150m: 2:16.72	49.36	250m: 3:57.45	52.48	350m: 5:34.97	44.80	
100m: 1:27.36	46.79	200m: 3:04.97	48.25	300m: 4:50.17	52.72	400m: 6:17.16	42.19	
DYSKW. Rzadek Natalia	01	NKP Bielsko Biąta					<b>5:46.35</b>	
<i>G7 - Brak pozycji na plecach przy opuszczaniu ciany nawrotowej (Czas: 17:40)</i>								
50m: 36.20	36.20	150m: 2:00.75	42.92	250m:		350m: 5:07.54	39.87	
100m: 1:17.83	41.63	200m: 2:44.01	43.26	300m: 4:27.67		400m: 5:46.35	38.81	