

Konkurencja 12
10/10/2015 - 18:28

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
16 lat i starsi			
1. Wojdak Wojciech SO	96	Unia O wi cim	4:23.28 715
50m: 28.22 28.22	150m: 1:33.71 33.56	250m: 2:44.36 37.15	350m: 3:53.87 30.86
100m: 1:00.15 31.93	200m: 2:07.21 33.50	300m: 3:23.01 38.65	400m: 4:23.28 29.41
2. Bałabuch Krystian	95	AZS AGH Kraków	4:29.20 669
50m: 29.42 29.42	150m: 1:38.18 35.54	250m: 2:50.25 36.37	350m: 3:59.16 31.38
100m: 1:02.64 33.22	200m: 2:13.88 35.70	300m: 3:27.78 37.53	400m: 4:29.20 30.04
3. Lechowicz Filip SO	97	Korona Kraków	4:34.03 634
50m: 30.36 30.36	150m: 1:40.68 35.11	250m: 2:52.53 38.51	350m: 4:03.47 32.40
100m: 1:05.57 35.21	200m: 2:14.02 33.34	300m: 3:31.07 38.54	400m: 4:34.03 30.56
4. Hojda Bartłomiej SO	98	Unia O wi cim	4:36.72 616
50m: 30.40 30.40	150m: 1:40.97 36.28	250m: 2:55.07 38.81	350m: 4:05.72 31.37
100m: 1:04.69 34.29	200m: 2:16.26 35.29	300m: 3:34.35 39.28	400m: 4:36.72 31.00
5. Sobczyk Maciej	95	AZS AGH Kraków	4:37.51 611
50m: 29.98 29.98	150m: 1:39.55 35.48	250m: 2:52.35 38.41	350m: 4:05.87 33.69
100m: 1:04.07 34.09	200m: 2:13.94 34.39	300m: 3:32.18 39.83	400m: 4:37.51 31.64
6. Nagi Mateusz SO	97	Unia O wi cim	4:39.13 600
50m: 30.57 30.57	150m: 1:43.53 38.07	250m: 2:58.38 37.13	350m: 4:08.56 31.89
100m: 1:05.46 34.89	200m: 2:21.25 37.72	300m: 3:36.67 38.29	400m: 4:39.13 30.57
7. Kempa Mikołaj SO	99	MMKS K dzierzyn Ko le	4:39.27 599
50m: 30.03 30.03	150m: 1:40.48 36.43	250m: 2:56.30 40.13	350m: 4:09.63 32.65
100m: 1:04.05 34.02	200m: 2:16.17 35.69	300m: 3:36.98 40.68	400m: 4:39.27 29.64
8. Topolski Arkadiusz SO	98	Unia O wi cim	4:39.89 595
50m: 31.14 31.14	150m: 1:40.06 34.86	250m: 2:56.32 41.38	350m: 4:07.96 31.38
100m: 1:05.20 34.06	200m: 2:14.94 34.88	300m: 3:36.58 40.26	400m: 4:39.89 31.93
9. Litwa Krzysztof	96	AZS AGH Kraków	4:41.22 587
50m: 28.90 28.90	150m: 1:39.32 36.82	250m: 2:55.28 40.16	350m: 4:09.72 33.35
100m: 1:02.50 33.60	200m: 2:15.12 35.80	300m: 3:36.37 41.09	400m: 4:41.22 31.50
10. Goleniec Kamil SO	99	Unia O wi cim	4:42.85 577
50m: 30.74 30.74	150m: 1:41.71 36.98	250m: 2:58.58 40.32	350m: 4:12.62 33.29
100m: 1:04.73 33.99	200m: 2:18.26 36.55	300m: 3:39.33 40.75	400m: 4:42.85 30.23
11. Ciasto Sebastian SO	99	Unia O wi cim	4:43.12 575
50m: 31.45 31.45	150m: 1:41.67 35.18	250m: 2:57.88 40.47	350m: 4:11.38 33.10
100m: 1:06.49 35.04	200m: 2:17.41 35.74	300m: 3:38.28 40.40	400m: 4:43.12 31.74
12. Buczkowski Kamil	96	AZS AGH Kraków	4:43.29 574
50m: 29.87 29.87	150m: 1:41.80 38.04	250m: 3:00.21 40.96	350m: 4:13.44 31.94
100m: 1:03.76 33.89	200m: 2:19.25 37.45	300m: 3:41.50 41.29	400m: 4:43.29 29.85
13. Szczepaniak Paweł	99	SMS Galicja Kraków	4:43.53 573
50m: 29.99 29.99	150m: 1:42.09 37.93	250m: 2:59.49 40.40	350m: 4:12.99 32.11
100m: 1:04.16 34.17	200m: 2:19.09 37.00	300m: 3:40.88 41.39	400m: 4:43.53 30.54
14. Łuczak Piotr	92	AZS AGH Kraków	4:44.41 567
50m: 28.43 28.43	150m: 1:39.53 38.44	250m: 2:59.83 43.67	350m: 4:14.01 31.91
100m: 1:01.09 32.66	200m: 2:16.16 36.63	300m: 3:42.10 42.27	400m: 4:44.41 30.40
15. Karkut Kamil	96	AZS AGH Kraków	4:45.59 560
50m: 30.97 30.97	150m: 1:42.53 36.25	250m: 2:58.70 39.93	350m: 4:13.02 34.31
100m: 1:06.28 35.31	200m: 2:18.77 36.24	300m: 3:38.71 40.01	400m: 4:45.59 32.57
16. Stanek Adam SO	99	Unia O wi cim	4:45.94 558
50m: 31.34 31.34	150m: 1:42.76 36.39	250m: 3:01.46 44.39	350m: 4:15.53 31.32
100m: 1:06.37 35.03	200m: 2:17.07 34.31	300m: 3:44.21 42.75	400m: 4:45.94 30.41

Konkurencja 12, M czynn, 400m zmienny, 16 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
17.	Ungeheuer Mateusz				96	AZS AGH Kraków				4:46.07	557	
	50m:	28.60	28.60	150m:	1:38.02	36.86	250m:	2:59.42	46.19	350m:	4:15.79	31.55
	100m:	1:01.16	32.56	200m:	2:13.23	35.21	300m:	3:44.24	44.82	400m:	4:46.07	30.28
18.	Sowa Marcin SO				97	Motyl MOSiR St. Wola				4:46.68	554	
	50m:	29.93	29.93	150m:	1:42.20	38.42	250m:	3:00.40	40.73	350m:	4:14.42	33.64
	100m:	1:03.78	33.85	200m:	2:19.67	37.47	300m:	3:40.78	40.38	400m:	4:46.68	32.26
19.	Fiedosiuk Rafał SO				99	Unia O wi cim				4:47.88	547	
	50m:	30.54	30.54	150m:	1:42.15	36.56	250m:	3:00.69	41.05	350m:	4:16.86	33.52
	100m:	1:05.59	35.05	200m:	2:19.64	37.49	300m:	3:43.34	42.65	400m:	4:47.88	31.02
20.	Marczuk Szymon SO				99	Unia O wi cim				4:50.03	535	
	50m:	30.96	30.96	150m:	1:44.23	37.72	250m:	3:03.86	43.45	350m:	4:18.73	32.64
	100m:	1:06.51	35.55	200m:	2:20.41	36.18	300m:	3:46.09	42.23	400m:	4:50.03	31.30
21.	Blachura Patryk SO				99	Victoria Kozy				4:51.27	528	
	50m:	30.48	30.48	150m:	1:42.63	37.37	250m:	3:02.20	42.29	350m:	4:17.94	33.26
	100m:	1:05.26	34.78	200m:	2:19.91	37.28	300m:	3:44.68	42.48	400m:	4:51.27	33.33
22.	Sordyl Mateusz SO				99	Victoria Kozy				4:53.60	516	
	50m:	30.55	30.55	150m:	1:44.68	37.19	250m:	3:03.74	42.59	350m:	4:21.04	35.09
	100m:	1:07.49	36.94	200m:	2:21.15	36.47	300m:	3:45.95	42.21	400m:	4:53.60	32.56
23.	Drozd Tymoteusz SO				99	Unia O wi cim				4:53.95	514	
	50m:	32.19	32.19	150m:	1:47.89	39.02	250m:	3:05.03	39.63	350m:	4:21.21	34.80
	100m:	1:08.87	36.68	200m:	2:25.40	37.51	300m:	3:46.41	41.38	400m:	4:53.95	32.74
24.	Przybylski Michał SO				98	Unia O wi cim				4:55.61	505	
	50m:	31.50	31.50	150m:	1:47.73	39.90	250m:	3:08.06	42.19	350m:	4:24.50	34.23
	100m:	1:07.83	36.33	200m:	2:25.87	38.14	300m:	3:50.27	42.21	400m:	4:55.61	31.11
25.	Sowier Wojciech				97	SMS Kraków				4:56.07	503	
	50m:	31.09	31.09	150m:	1:46.23	39.06	250m:	3:05.94	41.32	350m:	4:23.18	34.54
	100m:	1:07.17	36.08	200m:	2:24.62	38.39	300m:	3:48.64	42.70	400m:	4:56.07	32.89
26.	Wasiuk Jakub SO				99	MMKS K dzierzyn Ko le				4:56.16	502	
	50m:	32.00	32.00	150m:	1:47.45	38.10	250m:	3:07.85	43.60	350m:	4:23.73	32.66
	100m:	1:09.35	37.35	200m:	2:24.25	36.80	300m:	3:51.07	43.22	400m:	4:56.16	32.43
27.	Gł b Karol SO				99	Sokół Rzeszów				4:58.07	493	
	50m:	32.83	32.83	150m:	1:46.45	36.27	250m:	3:06.83	44.17	350m:	4:25.00	34.72
	100m:	1:10.18	37.35	200m:	2:22.66	36.21	300m:	3:50.28	43.45	400m:	4:58.07	33.07
28.	Kłapa Filip SO				98	Unia O wi cim				4:58.76	489	
	50m:	29.90	29.90	150m:	1:45.09	39.91	250m:	3:06.76	41.71	350m:	4:24.11	35.87
	100m:	1:05.18	35.28	200m:	2:25.05	39.96	300m:	3:48.24	41.48	400m:	4:58.76	34.65
29.	Ruszkowski Kacper SO				97	Unia O wi cim				5:00.36	481	
	50m:	30.70	30.70	150m:	1:47.01	40.79	250m:	3:09.45	43.05	350m:	4:26.68	34.14
	100m:	1:06.22	35.52	200m:	2:26.40	39.39	300m:	3:52.54	43.09	400m:	5:00.36	33.68
30.	Zbro ek Radosław				99	SMS Galicja Kraków				5:03.45	467	
	50m:	32.21	32.21	150m:	1:50.17	40.83	250m:	3:11.73	43.16	350m:	4:30.43	34.81
	100m:	1:09.34	37.13	200m:	2:28.57	38.40	300m:	3:55.62	43.89	400m:	5:03.45	33.02
31.	Pie niak Jakub SO				97	Unia O wi cim				5:07.98	447	
	50m:	32.82	32.82	150m:	1:50.47	41.43	250m:	3:15.51	47.27	350m:	4:34.58	34.01
	100m:	1:09.04	36.22	200m:	2:28.24	37.77	300m:	4:00.57	45.06	400m:	5:07.98	33.40
32.	Kolanowski Wiktor				99	SMS Kraków				5:10.60	435	
	50m:	34.28	34.28	150m:	1:53.78	39.85	250m:	3:16.86	44.97	350m:	4:37.26	34.06
	100m:	1:13.93	39.65	200m:	2:31.89	38.11	300m:	4:03.20	46.34	400m:	5:10.60	33.34
33.	Mazur Dominik SO				99	Unia O wi cim				5:10.68	435	
	50m:	33.72	33.72	150m:	1:53.01	39.41	250m:	3:16.22	45.05	350m:	4:37.21	36.02
	100m:	1:13.60	39.88	200m:	2:31.17	38.16	300m:	4:01.19	44.97	400m:	5:10.68	33.47



Konkurencja 12, M czynn, 400m zmienny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
34.	Zalewski Oskar		99	UKS Pirania Targówek Warszawa				5:11.29	432
	50m:	34.39 34.39	150m:	1:55.53 42.39	250m:	3:19.96 43.69	350m:	4:38.31 34.99	
	100m:	1:13.14 38.75	200m:	2:36.27 40.74	300m:	4:03.32 43.36	400m:	5:11.29 32.98	
35.	Ruci ski Wiktor		99	SMS Kraków				5:28.60	368
	50m:	32.72 32.72	150m:	1:54.03 43.02	250m:	3:22.54 46.80	350m:	4:50.01 39.83	
	100m:	1:11.01 38.29	200m:	2:35.74 41.71	300m:	4:10.18 47.64	400m:	5:28.60 38.59	
36.	Tekieli Jakub		99	SMS Galicja Kraków				5:28.88	367
	50m:	35.11 35.11	150m:	1:58.13 42.82	250m:	3:26.12 46.89	350m:	4:51.66 38.02	
	100m:	1:15.31 40.20	200m:	2:39.23 41.10	300m:	4:13.64 47.52	400m:	5:28.88 37.22	
37.	Bednarz Radosław		98	NKP Bielsko Biała				5:38.22	337
	50m:	33.71 33.71	150m:		250m:		350m:	5:00.68	
	100m:	1:13.90 40.19	200m:		300m:		400m:	5:38.22 37.54	
DYSKW.	Rokita Aleksander		99	SMS Kraków				5:03.17	
	<i>G8 - Uko czenie wy cigu nie w poło eniu na plecach</i>								
	50m:	31.85 31.85	150m:	1:49.54 39.89	250m:	3:10.87 41.67	350m:	4:28.70 35.73	
	100m:	1:09.65 37.80	200m:	2:29.20 39.66	300m:	3:52.97 42.10	400m:	5:03.17 34.47	

14 - 15 lat

1.	Kurleto Piotr		00	Korona Kraków				4:46.34	556
	50m:	29.47 29.47	150m:	1:41.54 36.76	250m:	2:59.25 40.21	350m:	4:14.05 34.15	
	100m:	1:04.78 35.31	200m:	2:19.04 37.50	300m:	3:39.90 40.65	400m:	4:46.34 32.29	
2.	Barczyk Norbert		00	SMS Galicja Kraków				4:48.26	545
	50m:	30.47 30.47	150m:	1:40.99 35.45	250m:	2:57.76 40.46	350m:	4:14.65 34.77	
	100m:	1:05.54 35.07	200m:	2:17.30 36.31	300m:	3:39.88 42.12	400m:	4:48.26 33.61	
3.	Go raj Marcin		01	SMS Galicja Kraków				4:48.45	544
	50m:	30.61 30.61	150m:	1:42.64 37.04	250m:	3:01.30 42.91	350m:	4:18.05 34.17	
	100m:	1:05.60 34.99	200m:	2:18.39 35.75	300m:	3:43.88 42.58	400m:	4:48.45 30.40	
4.	Butkiewicz Władysław SO		00	Juvenia Białystok				4:48.97	541
	50m:	31.42 31.42	150m:	1:45.29 37.57	250m:	3:04.61 43.00	350m:	4:18.95 31.78	
	100m:	1:07.72 36.30	200m:	2:21.61 36.32	300m:	3:47.17 42.56	400m:	4:48.97 30.02	
5.	Michalczyk Andrzej SO		00	Unia O wi cim				4:52.94	519
	50m:	29.03 29.03	150m:	1:42.93 39.48	250m:	3:03.35 41.15	350m:	4:20.44 35.22	
	100m:	1:03.45 34.42	200m:	2:22.20 39.27	300m:	3:45.22 41.87	400m:	4:52.94 32.50	
6.	Chromik Mateusz SO		00	Unia O wi cim				4:56.68	500
	50m:	33.18 33.18	150m:	1:49.55 37.67	250m:	3:08.57 42.57	350m:	4:24.60 34.06	
	100m:	1:11.88 38.70	200m:	2:26.00 36.45	300m:	3:50.54 41.97	400m:	4:56.68 32.08	
7.	Astashev Bogdan		01	SMS Galicja Kraków				4:56.88	499
	50m:	31.84 31.84	150m:	1:46.35 38.94	250m:	3:05.95 41.98	350m:	4:23.55 34.32	
	100m:	1:07.41 35.57	200m:	2:23.97 37.62	300m:	3:49.23 43.28	400m:	4:56.88 33.33	
8.	Opolka Kacper SO		00	Unia O wi cim				5:01.70	475
	50m:	31.02 31.02	150m:	1:44.08 37.91	250m:	3:10.47 48.33	350m:	4:30.46 33.43	
	100m:	1:06.17 35.15	200m:	2:22.14 38.06	300m:	3:57.03 46.56	400m:	5:01.70 31.24	
9.	Niedziela Hubert SO		00	Unia O wi cim				5:03.86	465
	50m:	32.95 32.95	150m:	1:49.29 39.41	250m:	3:11.02 43.63	350m:	4:29.90 35.92	
	100m:	1:09.88 36.93	200m:	2:27.39 38.10	300m:	3:53.98 42.96	400m:	5:03.86 33.96	
10.	Kłaput Bartosz		00	SMS Galicja Kraków				5:05.31	458
	50m:	31.68 31.68	150m:	1:48.05 39.14	250m:	3:13.96 47.25	350m:	4:33.10 32.42	
	100m:	1:08.91 37.23	200m:	2:26.71 38.66	300m:	4:00.68 46.72	400m:	5:05.31 32.21	
11.	Mayerberg Kacper SO		00	Unia O wi cim				5:06.10	455
	50m:	33.30 33.30	150m:	1:51.89 41.09	250m:	3:14.30 44.06	350m:	4:32.46 34.14	
	100m:	1:10.80 37.50	200m:	2:30.24 38.35	300m:	3:58.32 44.02	400m:	5:06.10 33.64	

Konkurencja 12, Chłopców, 400m zmienny, 14 - 15 lat

Pozycja					Rok ur.					Czas	Pkt.	
12.	Wójcik Paweł				01	SMS Galicja Kraków				5:06.60	453	
	50m:	33.40	33.40	150m:	1:52.47	39.34	250m:	3:15.05	43.99	350m:	4:34.29	33.61
	100m:	1:13.13	39.73	200m:	2:31.06	38.59	300m:	4:00.68	45.63	400m:	5:06.60	32.31
13.	Majerski Jakub				00	SMS Galicja Kraków				5:08.34	445	
	50m:	32.67	32.67	150m:			250m:			350m:		
	100m:	1:10.09	37.42	200m:			300m:			400m:	5:08.34	
14.	Raczkowski Krzysztof				01	Korona Kraków				5:09.28	441	
	50m:	35.57	35.57	150m:	1:54.97	38.14	250m:	3:18.74	45.27	350m:	4:37.85	34.95
	100m:	1:16.83	41.26	200m:	2:33.47	38.50	300m:	4:02.90	44.16	400m:	5:09.28	31.43
15.	Jodłowski Mateusz				00	SMS Galicja Kraków				5:10.61	435	
	50m:	33.31	33.31	150m:	1:51.91	40.69	250m:	3:14.39	43.76	350m:	4:35.33	37.09
	100m:	1:11.22	37.91	200m:	2:30.63	38.72	300m:	3:58.24	43.85	400m:	5:10.61	35.28
16.	Paszko Mikołaj				01	SMS Galicja Kraków				5:10.88	434	
	50m:	33.48	33.48	150m:			250m:			350m:		
	100m:	1:10.28	36.80	200m:			300m:			400m:	5:10.88	
17.	Wo niak Łukasz				01	SMS Galicja Kraków				5:11.96	430	
	50m:	34.44	34.44	150m:	1:56.30	43.41	250m:	3:18.03	40.78	350m:		
	100m:	1:12.89	38.45	200m:	2:37.25	40.95	300m:	4:00.04	42.01	400m:	5:11.96	
18.	Suchan Przemysław				01	Korona Kraków				5:13.35	424	
	50m:	34.61	34.61	150m:	1:57.07	41.53	250m:	3:22.81	44.77	350m:	4:41.47	34.81
	100m:	1:15.54	40.93	200m:	2:38.04	40.97	300m:	4:06.66	43.85	400m:	5:13.35	31.88
19.	Dudzik Sebastian				01	SMS Galicja Kraków				5:14.10	421	
	50m:	34.16	34.16	150m:	1:53.21	39.25	250m:	3:15.66	44.42	350m:	4:37.89	37.34
	100m:	1:13.96	39.80	200m:	2:31.24	38.03	300m:	4:00.55	44.89	400m:	5:14.10	36.21
20.	Henke Marek SO				00	Unia O wi cim				5:14.72	418	
	50m:	33.76	33.76	150m:	1:53.71	40.93	250m:	3:20.97	46.09	350m:	4:41.84	35.65
	100m:	1:12.78	39.02	200m:	2:34.88	41.17	300m:	4:06.19	45.22	400m:	5:14.72	32.88
21.	Greczanik Paweł SO				00	Unia O wi cim				5:15.70	415	
	50m:	35.03	35.03	150m:	1:54.88	42.03	250m:	3:19.04	43.61	350m:	4:39.81	36.65
	100m:	1:12.85	37.82	200m:	2:35.43	40.55	300m:	4:03.16	44.12	400m:	5:15.70	35.89
22.	Belski Jakub				01	STP Nowy S cz				5:16.47	412	
	50m:	33.52	33.52	150m:	1:58.39	44.76	250m:	3:24.13	43.07	350m:	4:43.84	35.90
	100m:	1:13.63	40.11	200m:	2:41.06	42.67	300m:	4:07.94	43.81	400m:	5:16.47	32.63
23.	Babiuch Filip SO				00	Unia O wi cim				5:19.19	401	
	50m:	33.57	33.57	150m:	1:54.91	40.46	250m:	3:21.68	47.14	350m:	4:43.15	32.92
	100m:	1:14.45	40.88	200m:	2:34.54	39.63	300m:	4:10.23	48.55	400m:	5:19.19	36.04
24.	Major Daniel SO				01	Unia O wi cim				5:21.95	391	
	50m:	34.11	34.11	150m:	1:56.60	44.24	250m:	3:26.09	47.04	350m:	4:48.43	35.17
	100m:	1:12.36	38.25	200m:	2:39.05	42.45	300m:	4:13.26	47.17	400m:	5:21.95	33.52
25.	Ziółkowski Norbert				01	NKP Bielsko Biała				5:22.32	390	
	50m:	33.01	33.01	150m:	1:56.76	42.70	250m:			350m:	4:47.42	36.55
	100m:	1:14.06	41.05	200m:			300m:	4:10.87		400m:	5:22.32	34.90
26.	Twardowski Piotr				01	SMS Galicja Kraków				5:27.29	372	
	50m:	38.19	38.19	150m:	2:05.17	41.31	250m:	3:31.64	47.31	350m:	4:54.37	35.40
	100m:	1:23.86	45.67	200m:	2:44.33	39.16	300m:	4:18.97	47.33	400m:	5:27.29	32.92
27.	Batko Karol				01	SMS Galicja Kraków				5:28.16	369	
	50m:	32.24	32.24	150m:	1:51.51	41.83	250m:	3:22.91	49.49	350m:	4:51.05	38.59
	100m:	1:09.68	37.44	200m:	2:33.42	41.91	300m:	4:12.46	49.55	400m:	5:28.16	37.11
28.	Szała ny Bartosz SO				00	Unia O wi cim				5:33.05	353	
	50m:	35.33	35.33	150m:	2:00.72	43.95	250m:	3:31.16	48.37	350m:	4:56.64	38.59
	100m:	1:16.77	41.44	200m:	2:42.79	42.07	300m:	4:18.05	46.89	400m:	5:33.05	36.41



Konkurencja 12, Chłopców, 400m zmienny, 14 - 15 lat

Pozycja					Rok ur.					Czas	Pkt.	
29.	Janik Jakub	SO	01	Unia O wi cim					5:34.61	348		
	50m:	36.15	36.15	150m:	2:03.87	42.07	250m:	3:29.99	45.64	350m:	4:55.95	38.27
	100m:	1:21.80	45.65	200m:	2:44.35	40.48	300m:	4:17.68	47.69	400m:	5:34.61	38.66
30.	Jedli ski Radoslaw	SO	00	Unia O wi cim					5:35.67	345		
	50m:	35.62	35.62	150m:	2:01.25	44.72	250m:	3:33.01	48.21	350m:	5:00.14	38.04
	100m:	1:16.53	40.91	200m:	2:44.80	43.55	300m:	4:22.10	49.09	400m:	5:35.67	35.53
31.	Bazyl Kamil	SO	00	Aquarius My lenice					5:39.57	333		
	50m:	38.43	38.43	150m:	2:05.61	43.45	250m:	3:32.94	46.16	350m:	5:00.91	40.79
	100m:	1:22.16	43.73	200m:	2:46.78	41.17	300m:	4:20.12	47.18	400m:	5:39.57	38.66
32.	Wojaczek Paweł	SO	00	Unia O wi cim					5:39.71	333		
	50m:	36.23	36.23	150m:	2:07.51	45.32	250m:	3:40.47	47.67	350m:	5:05.71	35.87
	100m:	1:22.19	45.96	200m:	2:52.80	45.29	300m:	4:29.84	49.37	400m:	5:39.71	34.00
33.	Cempla Jakub		01	SMS Galicja Kraków					5:40.17	331		
	50m:	36.77	36.77	150m:	2:05.95	44.73	250m:	3:41.41	53.39	350m:	5:06.13	37.50
	100m:	1:21.22	44.45	200m:	2:48.02	42.07	300m:	4:28.63	47.22	400m:	5:40.17	34.04
34.	Urba czyk Adrian		01	Korona Kraków					5:42.46	325		
	50m:	36.89	36.89	150m:	2:05.59	46.11	250m:	3:40.63	48.76	350m:	5:07.07	38.13
	100m:	1:19.48	42.59	200m:	2:51.87	46.28	300m:	4:28.94	48.31	400m:	5:42.46	35.39
35.	Piwowarczyk Artur	SO	00	Unia O wi cim					5:43.53	322		
	50m:	36.97	36.97	150m:	2:03.19	43.12	250m:	3:34.45	49.67	350m:	5:04.54	40.59
	100m:	1:20.07	43.10	200m:	2:44.78	41.59	300m:	4:23.95	49.50	400m:	5:43.53	38.99
36.	Łysek Maciej		01	SMS Galicja Kraków					5:49.42	306		
	50m:	38.78	38.78	150m:	2:07.82	44.49	250m:	3:39.70	50.51	350m:	5:09.63	39.64
	100m:	1:23.33	44.55	200m:	2:49.19	41.37	300m:	4:29.99	50.29	400m:	5:49.42	39.79
37.	Kramarczyk Jakub	SO	01	Unia O wi cim					5:51.51	300		
	50m:	38.64	38.64	150m:	2:11.10	48.03	250m:	3:46.48	51.10	350m:	5:14.87	38.01
	100m:	1:23.07	44.43	200m:	2:55.38	44.28	300m:	4:36.86	50.38	400m:	5:51.51	36.64
38.	Krystyniak Mateusz		00	NKP Bielsko Biała					5:53.53	295		
	50m:	38.86	38.86	150m:	2:13.97	47.30	250m:	3:46.19	47.36	350m:	5:14.59	41.68
	100m:	1:26.67	47.81	200m:	2:58.83	44.86	300m:	4:32.91	46.72	400m:	5:53.53	38.94
39.	Dutkiewicz Mikołaj		01	Siemacha ASP Kraków					6:07.65	262		
	50m:	39.39	39.39	150m:	2:12.56	47.82	250m:	3:53.55	51.83	350m:	5:27.11	41.25
	100m:	1:24.74	45.35	200m:	3:01.72	49.16	300m:	4:45.86	52.31	400m:	6:07.65	40.54
DYSKW.	Balicki Michał		00	SMS Galicja Kraków					5:04.11			
	<i>M9 - Naprzemienna lub nierównoczesna praca nóg (Czas: 19:10)</i>											
	50m:	33.41	33.41	150m:	1:50.78	38.33	250m:	3:13.69	46.21	350m:	4:32.52	33.63
	100m:	1:12.45	39.04	200m:	2:27.48	36.70	300m:	3:58.89	45.20	400m:	5:04.11	31.59
DYSKW.	Rohulin Bogdan		01	G8 Bielany Warszawa					5:25.04			
	<i>G6 - Nieci gła akcja nawrotu (np. niewykonanie nawrotu natychmiast po zakończeniu pocięciu ramieniem lub oby</i>											
	50m:	34.30	34.30	150m:	2:00.84	45.38	250m:	3:27.36	42.98	350m:	4:49.95	37.47
	100m:	1:15.46	41.16	200m:	2:44.38	43.54	300m:	4:12.48	45.12	400m:	5:25.04	35.09